## MUCKAMORE ABBEY HOSPITAL INQUIRY SITTING AT CORN EXCHANGE, CATHEDRAL QUARTER, BELFAST

## HEARD BEFORE THE INQUIRY PANEL ON THURSDAY 21ST SEPTEMBER 2023 - DAY 59

59

Gwen Malone Stenography Services certify the following to be a verbatim transcript of their stenographic notes in the above-named action.

GWEN MALONE STENOGRAPHY SERVICES

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1	THE INQUIRY RESUMED AT 10:00 A.M. ON THURSDAY, 21ST	
2	SEPTEMBER 2023 FOLLOWS:	
3		
4	CHAIRPERSON: Thank you very much. Sorry we're a	
5	little bit late. I understand the witness needed to	0:0
6	settle herself and that's understandable. Okay, where	
7	are we?	
8		
9	MS. KILEY: Just before the witness comes out, there is	
10	a Restriction Order in respect of this morning's	0:0
11	evidence, so I propose to make that now and would ask	
12	that the application itself be subject to restriction.	
13	CHAIRPERSON: All right. We're getting used to doing	
14	these. So, I will make a temporary Restriction Order	
15	in relation to this application so that if the	0:0
16	application is granted, it is effective. I'll ask,	
17	therefore, please, that the feed to Room B is cut. I	
18	can take it there is no one in the room who is not a CP	
19	or who has not signed a confidentiality agreement.	
20		
21	THE HEARING CONTINUED IN PRIVATE SESSION	
22		
23		
24	AT 10: 12 A.M. THE HEARING RESUMED IN PUBLIC SESSION	
25		
26	P109'S MOTHER, HAVING BEEN SWORN	
27		
28	CHAIRPERSON: Can I just welcome you again to the	
29	Inquiry. We've met on a number of occasions previously	

		and we have also just met outside. As I ve said to	
2		you, if at any stage you want to pause or stop, we'll	
3		do so. Witnesses do sometimes get upset unexpectedly,	
4		and that's perfectly understandable. If you feel you	
5		can carry on after a short pause, that's great, but	10:12
6		don't force yourself, as it were. And you're sitting	
7		with?	
8		THE WITNESS: Stephanie, my advocate.	
9		CHAIRPERSON: Thank you very much. Okay, Ms. Kiley.	
10	1 Q.	MS. KILEY: Good morning. We met just before you came	10:12
11		in. As you know I'm Denise Kiley, I am one of the	
12		counsel to the Inquiry and I'm going to take you	
13		through your evidence today.	
14			
15		When we met this morning, you let me know that you	10:12
16		would like to be known by your first name, which is	
17		Catherine, isn't that right?	
18	Α.	And you would also like your daughter to be known by	
19		her first name, which is Alicia. That is how I will	
20		refer you to both in your evidence today. You're here	10:13
21		to talk about Alicia's experiences at Muckamore Abbey	
22		Hospital.	
23			
24		You have made a statement and I see you have a copy of	
25		that in front of you. As you know, the first thing	10:13
26		that I have to do is to read parts of that statement	
27		aloud for the record and then I will ask you some	
28		questions. I explained to you just before you came in	
29		that there was an application for a Restriction Order	

1			in respect of some of the evidence, so there are parts	
2			that we don't deal with in the first session, and then	
3			we'll have a short break and deal with the remaining	
4			parts of your evidence.	
5				10:13
6			You will see, whenever I read out your statement in	
7			front of you, a number of names of staff members have	
8			been replaced with H ciphers. You have just at the top	
9			of your table there a list, so you can follow along to	
10			see who I'm referring to. When it comes to you giving	10:13
11			your evidence, if you want to say a name, can I ask you	
12			just to pause and check the list and give me the н	
13			number instead of their name. Okay?	
14		Α.	I will do.	
15	2	Q.	If you're ready then, I'll start with the reading. Are	10:14
16			you ready, Catherine?	
17		Α.	Yes.	
18	3	Q.	Okay. Your statement is dated 14th September 2023.	
19			You say:	
20				10:14
21			"I, Catherine, make the following statement for the	
22			purpose of the Muckamore Abbey Hospital Inquiry."	
23				
24			At paragraph 1, you say:	
25				10:14
26			"My connection with MAH is that I am a relative of a	
27			patient who was at MAH. My daughter Alicia is a former	
28			patient of MAH. I attach photographs of my daughter at	
29			Exhi bi t 1."	

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we'll come to those at the end of your evidence.

You say:

"The relevant time period that I can speak about is between November 2008 and July 2018.

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Alicia was born in 1989 in the Royal Victoria Hospital, Belfast, and is now 33 years old. She is one of five children with older brothers, an older sister and a younger sister. Alicia has complex medical conditions which may be life-limiting, and a moderate intellectual disability."

Then, Catherine, from paragraphs 5 to 8 you explain in some detail the medical conditions that Alicia has. I am not going to read all of those paragraphs aloud, but in summary you explain that Alicia has epilepsy. She also has tuberous sclerosis and, as a result of that, she has a number of related conditions which she has developed, and you explain that they include brain tumour, renal tumour, facial angiofibroma, polycystic kidney disease, chronic renal impairment, and low level proteinuria. You then go on to say at the final sentence of paragraph 8 that Alicia has had several dangerous episodes requiring hospital admittance since

she was prescribed antipsychotic medications.

Then from paragraphs 9 to 15, you explain a little bit about Alicia's childhood and schooling. Again, I won't read all of that but, in summary, Alicia went to a special school, and then at age 17 you went on to technical college where she learned social skills and life skills. I'll pick up the reading at paragraph 15, where you say: "Alicia was doing well. She was able to go independently to the shops and purchase items and she could cook with support. She was functioning at a relatively capable level and I thought Alicia would be able to lead a fairly normal life, although she might need support." 

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Then at paragraphs 16 to 23, you describe how your daughter suffered a serious assault in or around January 2008. Again, I won't read those out, the Panel have all of those. In summary, you identify that as being a time when Alicia's behaviour started to change. 10:17 You describe how she was not violent but was withdrawn, and in February 2008 you say that your daughter was prescribed Seroquel, which was an antipsychotic medication. You describe how you were not told at the time that that was an antipsychotic medication. You 10:17 say that you didn't feel that Seroquel helped Alicia. At paragraph 23, you describe her as losing her abilities and losing her personality at that time.

1	I'll pick up reading then at paragraph 24. Following
2	on from that period, you say:
3	
4	"I was finding it hard to manage Alicia. She was not
5	herself. She was not sleeping. She was talking to 10:1
6	herself and seemed to be what hallucinating. The
7	community nurse suggested that Alicia could be admitted
8	to MAH for respite and to see what could be done to
9	help her. I knew nothing in detail about MAH at that
10	stage.
11	
12	On 6th November 2008, Alicia was admitted to MAH to the
13	Cranfield women's ward on a voluntary basis. The
14	Seroquel had not proved effective so she was admitted
15	for assessment and treatment. It seems that Alicia was $_{ m 10:1}$
16	subsequently held on 20th November 2008 for treatment
17	under Article 12 of the Mental Health (NI) Order 1986.
18	
19	When admission to MAH was first suggested, I thought it
20	would be a therapeutic place where Alicia would get 10:1
21	help from the PTSD from the assault that I believed to
22	be a significant factor. I believed that as it was a
23	hospital, they would help Alicia with the trauma she
24	had endured. I genuinely thought that I was doing the
25	right thing but I saw no sign of MAH trying to
26	understand what had caused Alicia's mental
27	deterioration by exploring the effects of the assault.
28	Little seemed to be done for Alicia apart from
29	increasing the medication.

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Despite Seroquel not having shown to be effective, her dosage was increased. During Alicia's first placement at MAH, I remember that I was advised not to visit Alicia to give her a settling-in period. I did visit Alicia but not as often as I would have liked because they advised me she needed to settle in. I wasn't as aware of the circumstances in MAH at this time as it was the first initial period.

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Between Alicia's discharge from MAH in December 2008 and August 2014, her behaviour was challenging. She experienced seizures in a way she had not previously; she was aggressive, and flare-ups in her angiofibroma."

Then from paragraphs 29 to 32, Catherine, you refer to a number of clinical investigations that Alicia underwent outside MAH during that time period, and you explain how you had continued issues with her medications at that time.

I'm going to pick up the reading at paragraph 33, where you say:

"The management of Alicia's epilepsy and behaviour with 10:20 medication continued to be challenging. I was keen to have Alicia's medication changed but I was told that Alicia would need an admission to achieve that. At one point later, I think 2017, Alicia, while a patient in

1	MAH, was attending an annual MRI appointment in the
2	Royal Victoria Hospital, Belfast. She was transported
3	by MAH staff and I was meeting her there. By the time
4	I arrived, Alicia had already undergone the MRI. I had
5	always been adamant during other similar MRIs that
6	Alicia should not receive the intravenous dye as it had
7	a small risk due to her epilepsy, but on this occasion
8	I believe she did receive the dye, and I would like to
9	know who gave hospital staff permission to do this as
10	Alicia would not have been able to consent to this.
11	
12	On 13th August 2014, Alicia was admitted to MAH on to
13	Cranfield women's ward on a planned basis as a
14	voluntary patient due to a deterioration in her
15	behaviour at home and to have her medication adjusted. 103
16	
17	During her admission, Alicia accused staff of being
18	rude to her. Her PARIS notes from 13th August 2014
19	record that MAH staff stated this was untrue. This is
20	included as parts of the extracts of her PARIS notes 10
21	that I have included at Exhibit 2. She also said that
22	two bruises on her arm was because someone had nipped
23	her. Again, the notes record that Alicia subsequently
24	retracted that. Given Alicia had made these
25	allegations, I want to know why procedures around this 103
26	incident were not then followed about her complaints.
27	
28	Alicia is also recorded behaving bizarrely and

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inappropriately at times, being aggressive towards the

nurses, and requiring PRN medication. I do not think this is necessarily being accurate as there is no context provided. I am aware of Alicia making allegations against staff and I am aware that Alicia had bruising on her arm. No proper processes were ever 10:22 followed by MAH and no one spoke to me about these incidents after they occurred.

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I did not consider Alicia's behavioural issues had been addressed or that she had been very much helped by the 10.22 time she was discharged from on 3rd November 2014. As far as I could see, all that happened was that her antipsychotic medication, Amisulpride and Epilim, was changed, but no behaviour therapy was provided and there was no change to the basic approach. 10:22 concerned about the apparent failure to consider the impact of Alicia's medication on her complex conditions, including her epilepsy. I raised my concerns but at this stage I was not aware of the complaint process. 10:23

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Alicia told me that she had been physically abused in MAH. I raised with the head nurse that there was a bruise on the back of Alicia 's hand, but at the time I was not fully aware of the complaints procedure at the time. I cannot recall the name of the head nurse. There was no follow-up after I raised it with the head nurse. A patient also nipped Alicia's arm and Alicia threw a cup in retaliation. This behaviour continued

10 · 23

1 throughout Alicia's time in MAH, and I believe that it 2 was a learned behaviour from being in an inappropriate 3 environment. This behaviour continues occasionally 4 todav. 5 10:23 6 My mother, Alicia's grandmother, died on Friday, 30th 7 January 2015, and Alicia responded very badly to that 8 In response, Alicia's social worker, H554, 9 contacted the consultant psychiatrist in Intellectual 10 Disabilities in the Belfast Trust on 2nd February 2015 10.24 11 expressing the deterioration in Alicia's mental state. 12 The outcome was that emergency respite would be sought 13 for Alicia at Trench Park Respite and Supported Living 14 Service, her Amisulpride to be increased mand I was to 15 be continue to administer Diazepam. 10:24 16 17 Alicia was admitted to Trench Park that week for one 18 They could not offer further assistance due 19 to a strain on services. Respite within the community 20 was very limited. 10:24 21 22 I contacted the GP on 7th February 2015 seeking an 23 emergency readmission to Trench Park for respite due to 24 P109's behaviour that was very challenging. She was 25 not sleeping, up all hours, and in and out of the 10.24 26 It was explained that an assessment that house.

I would keep Alicia safe overnight.

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evening for Trench Park would be difficult, and I said

available at Trench Park the following day, and MAH

There was no place

1 advised that they could admit Alicia if her behaviour 2 was very challenging, and it was on a voluntary basis. 3 4 Alicia declined to go to MAH and arrangements were made 5 to detain her. Alicia was taken to her GP, where there 10:25 6 was a social worker, and papers were completed which 7 Alicia tore up and said 'You can't do this to me, I 8 have my human rights.' She was then taken by ambulance 9 It was a very traumatic experience for myself to MAH. 10 and Alicia. I did not want her to go, and I wish there 10:25 11 had have been more community support to avoid this 12 admission. 13 14 On 8th February 2015, Alicia was admitted to MAH, on to 15 the Cranfield women's ward as a detained patient under 10:25 16 Article 4 of the Mental Health Order for assessment. 17 It was the first time Alicia had been detained and I 18 had no idea what to expect. I was not given any 19 pamphlets about MAH or information about detention. 20 Alicia was discharged from MAH in March 2015. 10:26 21 would have had bruising throughout this period. 22 asked about the bruises, the staff would have blamed 23 other patients for causing the bruising. 24 25 Whilst MAH was aware of the stressors in Alicia's life 10 · 26 26 to include the death of her grandmother, I saw no 27 evidence of any empathy being shown to her. initially believed that Alicia was going to MAH to get 28

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help but she was never offered any psychology input or

talking therapy, which she really needed after the death of her grandmother.

She also had seizures and lost power in her legs, resulting in her falling, although remaining conscious. 10:26 I recall this incident and Alicia was in Antrim Area Hospital at this time. I told the hospital that I believed this incident was due to her medication. I spoke to the neurologist at Antrim Area Hospital. I said that every antipsychotic that was prescribed 10:27 Alicia resulted in her having grand mal seizures, which were life-threatening to her. Alicia was discharged on 3rd March 2015, with her Amisulpride having been reduced and a plan for her to resume day care the following week.

Whilst Alicia's behaviour had initially improved since her discharge from MAH, by in or around May 2015 I felt Alicia's mental statement was slipping and she was becoming more aggressive. I continued to be concerned about the impact of Alicia's medication, e.g. increases in Amisulpride in MAH had led to an increase in seizure activity. Additionally, I thought Amisulpride might be associated with Alicia's weight gain and obesity as well as her lack of periods. I believe these concerns at Alicia's review on 8th June 2015 in Beech Hall. I believed that Alicia needed community support and psychology input. A discharge letter from 17th August 2008 from H223 following her admission to MAH on 7th

November 2015 recognises the difficulties with Alicia's medication.

On 17th August 2015, Alicia was readmitted to MAH on Cranfield women's ward as a planned admission for review of her medication due to reported side-effects and significant hyperprolactinaemia, as well as the link with Alicia's suspected diagnosis of Polycystic Ovarian Syndrome.

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I think numerous changes in Alicia's medication a significant impact on her and her behaviour, and I believe that Alicia's behaviour was a combination of effects to her medication and Learned behaviour, and do not believe that her medical records accurately reflect 10:28 this. I would say it was a prison element - go in a petty criminal and come out a hardened one - and Alicia ended up institutionalised.

Alicia was discharged on 3rd November 2015 with a referral to psychology services to address the trauma and follow-up prescription to deal with an interdigital rash she had developed, which MAH considered was in keeping with scabies. The prescription of Lamotrigine and the development of a rash is the subject of a complaint I made during Alicia's subsequent admission. This is referred to in a letter from Belfast Trust dated 3rd June 2016. I have included this correspondence at Exhibit 3.

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Alicia's mental health deteriorated and there was a violent outburst, for example smashing cups on the ground, verbal abuse of myself. As a result, Alicia was readmitted to MAH onto Cranfield women's ward on 7th November 2015 on an emergency basis.

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Although it was acknowledged that Alicia had suffered trauma, no focused trauma work was undertaken with her. H4O agreed at an MDTM that Alicia would benefit from exploring a behavioural route to treatment as opposed to medication.

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I wanted an independent second opinion with regards to Alicia's medication, and so H553 saw Alicia on 11th May 10:30 2017 and advised neuroimaging to monitor any change in her brain tumour, and careful titration of her medication to address her behavioural issues. This was Alicia's longest admission, lasting nearly three years, until her eventual discharge on 13th August 2018. 10:30 Alicia became a delayed discharge patient but due to the lack of community facilities, she remained in MAH. I also had requested Alicia return home with a bespoke care package. Alicia has returned home to me throughout her admissions on a regular basis. Several 10:30 serious issues arose concerning errors with Alicia's medication that led to a serious adverse reaction, mismanagement of a transfer to other wards, and the handling of complaints.

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The issue over Alicia's Lamotrigine prescription started during her last admission to MAH from August to November 2015, when H40 prescribed it as an alternative to Epilim and gradually increased as Epilim was 10:31 H40 was Alicia's consultant psychiatrist. was explained to me that some patients can have a severe allergic reaction to Lamotrigine which manifests as a rash, and should that happen to Alicia, she would be taken to Antrim Area Hospital immediately. 10:31 given no paperwork about adverse reactions and, shortly afterwards, H40 went on holiday and left H338 in He was a junior psychiatrist, a core trainee charge. 2, CT2.

10:32

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Alicia developed a rash on her hands and on her arms on 1st November 2015 just before she was discharged on 3rd November. I asked the ward staff about it, and they said it was thought to be scabies and they had applied Permethrin ointment. I was given the ointment and told 10:32 to apply it twice a day. I was not given any other information about scabies or how to manage the risk of transmission, even though it was known there were others living with her; nor was it explained how the scabies diagnosis had been reached. I was doubtful 10:32 about the diagnosis as I had seen scabies before. specifically asked whether there were any other cases on the ward given Alicia had been in MAH for the last two and a half months, and was told there were no other

1	cases.
2	
3	After Alicia was discharged, the rash spread across her
4	body. Alicia's social worker, H554, saw the rash when
5	she was assisting her the following morning at the day
6	centre. However, H554 was advised that Alicia could
7	not attend day centre due to the diagnosis of scabies
8	and its contagious nature. I knew that there was
9	something wrong as Alicia was restless and agitated. I
10	called Alicia's GP who prescribed an antihistamine,

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where I told the staff that Alicia had been prescribed Lamotrigine, she had developed a rash and was

On 7th November 2015 I took her to the A&E in the Royal

Within half an hour of getting the

antihistamine, Alicia was behaving very strangely and

presenting very strangely, she was hallucinating,

paranoid and hyper. I told them that I had brought

Alicia because of the deterioration in her mental

heal th. By this time the rash had spread all over

Alicia's body.

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The Royal transferred Alicia to MAH by ambulance where she was readmitted to Cranfield 1 women's ward. believe that due to the fact that Alicia had just been discharged, the Royal thought that it was her mental health and she was not assessed medically. My son went with Alicia and I followed with my daughter-in-law in a

1	car. H40 was still on leave. Alicia was admitted that
2	night and I was telephoning the wards throughout the
3	next morning and afternoon. I spoke to a nurse, who
4	said that Alicia had not eaten or drank in 24 hours and
5	explained that I was concerned that Alicia did not have 10:3
6	scabies. The out-of-hours rota GP came in and checked
7	Alicia and agreed that it was scabies. I insisted that
8	a dermatologist should see Alicia. I went to MAH to
9	seek to H338 because I was so concerned about the rash.
10	When I spoke to H338, I made it clear that H40 had said 10:3
11	there was a risk of an adverse reaction from
12	Lamotrigine and that any rash needed to be monitored.
13	
14	When I saw Alicia, the whites of her eyes were yellow,
15	the rash was very visible, her lips were peeling and 10:3
16	her fingertips were blue. She looked very sick. I was
17	very worried that Alicia was dehydrated because she had
18	not drunk anything for 24 hours. I took her to the
19	Cosy Corner to get her some Coca-Cola. She was very
20	weak. On return from the Cosy Corner, I met H77 and 10:3
21	requested a private conversation with myself and
22	Alicia. I raised my concerns over the scabies
23	diagnosis, reiterated H40's advice, and H77 said he
24	would speak to H338.
25	10:3:
26	I went to see H338 with my son-in-law. I spoke to H338

I went to see H338 with my son-in-law. I spoke to H338 and said I was very concerned that this was not scabies. H338 said that a GP had examined her. I felt that my gut instinct was saying that there was

something seriously wrong. I felt that I was shut down by H338. I said that I would make a complaint because I was not being taken seriously. He said that it was a case of scabies that had become infected. I again requested that Alicia was seen by a dermatologist and reiterated H40's advice again. Instead, he just ended the meeting.

I made several complaints that I was not being taken seriously. I made a complaint to H4O and to H5O. I 10:36 made a complaint to Musgrave. I also met with someone from the Complaints Department in MAH. I think I maybe complained 10 or 12 times. I have including correspondence with Belfast Trust in relation to these complaints in Exhibit 4. I went to see a solicitor but 10:36 did not pursue this. I knew at this stage that MAH was not the place I thought it was.

I went home and started Looking up things on Google. I realised there was a risk of a very serious adverse reaction to Lamotrigine, especially where sodium valproate, e.g. Epilim, was also being taken. I noted that Stephens Johnson Syndrome was a rare but potentially fatal reaction. I was very afraid that overnight Alicia might die due to this reaction. I got 10:37 in touch with Alicia's social worker, H554, the next day and begged her to intervene to check that Alicia did not have itself Stephens Johnson Syndrome. The social worker telephoned the ward and by the afternoon,

I received a call from the female consultant who said that they would stop the Lamotrigine because Alicia was having a reaction. The female consultant had spoken to a dermatologist by phone. I was frustrated that this had not been done sooner as Alicia had been taking 10:37 Lamotrigine for about two weeks until it was stopped on 13th November 2015. I was also concerned that there appeared to be no follow-up with the specialist, or investigation as to the possible impact on Alicia's kidneys as she already had compromised kidneys, nor did 10:38 it seem that any creams were prescribed for her skin. I then went to visit Alicia and saw H77 at Cranfield. Again I asked for Alicia to be seen by a dermatologist 10:38

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I then went to visit Alicia and saw H77 at Cranfield. Again I asked for Alicia to be seen by a dermatologist immediately, but Alicia was not taken to Antrim Area Hospital to be checked. Her bloods were checked and I remember that there was a result from her blood tests that showed on autoimmune reaction. I believe there was a high liver reading. This was never explained to me.

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I was so concerned that on 24th November 2015, I took Alicia from MAH to see a consultant dermatologist at the UI ster Hospital Dundonald privately. She examined Alicia and said that she had been a very, very sick woman, and she said thankfully I was wise to beg for the Lamotrigine to be stopped. The consultant dermatologist provided a report to H4O, dated 24th November 2015 when the rash was still all over Alicia's

body, and concluded that the appearances are consistent with a resolving drug reaction, and she recommended that Lamotrigine is avoided in the future. The consultant dermatologist prescribed special washes, moisturiser and ointment. Given the seriousness of the 10:39 reaction and ill-health Alicia suffered result of this incident, I would ask the Inquiry look into the medication and treatment Alicia received around this time.

was very concerned that MAH did not consider that

I was very concerned that MAH did not consider that Alicia might have had a serious reaction to the Lamotrigine. They refused to listen to me and persisted with an improbable diagnosis of scabies. I would like the Inquiry to investigate how this whole episode is recorded in Alicia's medical notes and records, and whether there was any consideration given by MAH to a link between Alicia's adverse reaction to Lamotrigine and her chronic kidney failure described by

H223 in his discharge letter of 17th August 2018.

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From notes I have seen that covers the period, I can see no reference to the Lamotrigine incident, although I have seen a discharge letter from H338 dated 9th November 2015 that states Alicia had tolerated the introduction of Lamotrigine well and it was gradually increased. He also said that her reason was in keeping with scabies - which was obviously proven not to be correct. However, in an email dated 20th October 2016

sent to my MP, Paul Maskey, H555, Public Liaison
Officer in Belfast Trust, confirmed that during
Alicia's admission she appeared to have a reaction to a
number of antipsychotic medications which remained
under review by her clinical team and consultant
psychiatrist. I have included this in correspondence
at Exhibit 5.

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I continually tried to explain to MAH that the prescribing antipsychotic medication to deal with Alicia's behaviours led to increased seizures, and I was concerned about the impact of this on Alicia given her tubular sclerosis and associated brain tumours, and Alicia's kidney disease. I was not taken seriously.

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I had educated myself and knew that what I was stating was factual in relation to Alicia's medication being the problem and causing her to be ill, but I presumed by this stage that no one would listen to me as they never did. I was not being listened to which resulted 10:41 in me feeling concerned, worried, and petrified. questioned myself over and over what the end result would be - would Alicia die or would she end up in hospital long-term? I was watching Alicia having seizures and worried what long-term impact they would 10 · 42 have on her. I felt that if the medical professionals had only listened to me, all of this could have been avoi ded. I felt that the doctors made me feel belittled, and that they had the power over my

daughter.

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Despite suspecting there was medical negligence, I was afraid as I was fully aware that Alicia was still in MAH's care. Continuously I felt as a mother, I could not protect my daughter as I was not taken seriously, and my rights were diminished. I felt that what I was saying was not important. No one knows their daughter like a mother, and still the professional medics did not listen to me.

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A discharge letter dated 5th May 2016 from a consultant neurologist in the Antrim Area Hospital explained that Alicia was admitted to the hospital from MAH after she had a cluster of seizures. It refers to her having 10:42 been intolerant of Lamotrigine and Tegretol, and that MAH had introduced Chlorpromazine, which had been gradually increased resulting in a cluster of major seizures which then required admission. The doctor noted Alicia's previous brain imaging showed evidence 10:43 of multiple brain tumours and a giant cell astrocytoma. He noted the relationship between an antipsychotic being introduced and Alicia having a cluster of seizures, and concluded with suggesting that Chlorpromazine be withdrawn completely. 10 · 43

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Alicia was subsequently placed on Haloperidol as an alternative. My desire for Alicia to be taken off antipsychotics, which I believe means that she needs to

still on the Epilim for seizure control, is recorded in H223's MAH discharge letter of 17th August 2018.

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On 4th July 2016, the patients from Cranfield women's ward, including Alicia, were moved to Killead Ward. I 10:44 understand that H40 was on Leave when the decision for the transfer was taken. I asked the staff on the ward whether it was a planned move and was told that they had been given two days' notice. I understand that it was decided by H507, who was the senior manager. 10 · 44 seemed there was no protocol about consulting the patients or families about this, it was just decided. H555 in Belfast Trust sent an email stating that the reason for the transfer was due to the demands for acute beds for female patients, and that Killead could 10:44 accommodate up to 21 patients. Essentially, the plan involved a swap with male patients being moved out of Killead Ward and into Cranfield.

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I now understand that a risk assessment should have
been carried out for such a transfer. I have never
seen a document, whether for the plan as a whole or
specifically in relation to Alicia being moved in that
way. I was given no explanation that there would be
such a transfer. In ringing to enquire about Alicia's
wellbeing, I was then informed about the transfer
whilst it was ongoing. I cannot understand why the
transfer would not have been properly planned as it was
not an emergency response, or why it would take place

1	when H40, who was the consultant psychiatrist for the	
2	patients, was away.	
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4	Before the move to Killead Ward, Alicia was doing	
5	really well and she had been taken off her	10:45
6	antipsychotics. So far as I was concerned, Alicia was	
7	getting to the point where she could be discharged. I	
8	would describe the transfer as mayhem. The staff were	
9	under pressure and the patients were unsettled. I	
10	consider that P109 was not properly Looked after due to $_{ m 1}$	10:45
11	the chaos, " P109 being Alicia:	
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13	"I was told afterwards by a nurse that the staff	
14	members did not all know about the move. After the	
15	transfer, I met H40 in the foyer of Killead Ward and	10:46
16	asked him what he thought of the move. He told me that	
17	he had gone into Cranfield Ward when he returned from	
18	leave and was quite alarmed to see a male patient in	
19	the female ward. I was surprised that H40 did not seem	
20	to be aware that such a transfer had happened while he	10:46
21	was away. This transfer is the subject of a complaint	
22	that I made to the RQIA. Correspondence with the RQIA	
23	on this and other complaints that I made, together with	
24	minutes of meetings that I had with the RQIA, are	
25	attached at Exhibit 6.	10:46
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27	Killead Ward had 21 patients, which was more than in	

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Cranfield, and there was a shortage of staff. There

were new admissions who seemed to be in crisis, and a

wider range of patients. All sense of normality in the ward was gone. Alicia was not being properly protected or cared for. Her hygiene was neglected, her teeth were dirty, and there was an occasion where her trousers fell and she was not wearing any underwear.

Alicia's brother-in-law visited Alicia at this time and complained that she was very unkempt, which upset him as this was not how she had previously been presented.

In the six weeks or more, there were lots of incidents in Killead Ward with patient-on-patient attacks. In one incident, Alicia was pushed by a patient and she fell backwards onto the floor and banged her head. In another, she was bitten on the hand twice within days of each other by a patient. Many patients required 2:1 10:47 observation but this could not be provided due to staffing shortages. When I went to Killead Ward to a meeting with a nurse in charge, I heard a patient screaming. I will never forget the awful sound. I was worried about the impact of all this on Alicia. I was 10:47 told that Alicia was also hitting out.

There was no stimulation or activities for Alicia in Killead Ward. I complained about staff about it. I rang twice daily to enquire how Alicia had been and on several occasions I asked if Alicia had been off the ward. I was told that there was no enough staff to facilitate this. At the time Alicia was a voluntary patient and I thought of bringing her home, but I

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1 believed that if I tried to do that, MAH would have 2 compulsorily detained her. H40 on one occasion told me 3 that if I attempted to remove Alicia from MAH, she 4 would be detained. 5 10:48 6 On 11th October 2016, about six weeks after the swap of 7 patients between Cranfield and Killead Wards, Alicia 8 was detained under Article 12 of the Mental Health 9 Order for treatment. I attended with Alicia with the 10 two doctors who were sections her. Alicia was telling 10 · 48 11 them that she had been hit and how she was repeating. 12 Alicia was trying to tell them in her own words how she 13 The doctors totally ignored her. being treated. 14 asked for them to listen to her and to document what 15 Alicia was telling them, but they dismissed me. I want 10:49 16 the Inquiry to check if they ever bothered to document 17 this distressing incident. 18 19 I made a complaint to RQIA about Killead Ward and 20 Alicia's treatment, which I felt adversely affected 10:49 21 Alicia who had become increasingly agitated, aggressive, and required PRN, and H40 had to introduce 22 23 a small dose of Seroquel even though Alicia 24 hallucinated when she was on it before. I think the environment of Killead Ward and Alicia's response to it 10:49 25 26 all contributed to her being sectioned. Alicia was 27 talking about being afraid the day she was sectioned,

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and at one point she tried to explain what was

happening to her to the two sectioning doctors but this

1 is not recorded in the assessment report. I requested 2 that they listen to what Alicia was saying and asked 3 them to record her words. 4 5 Alicia was admitted to PICU on or about 17th October 10:49 6 2016 under the supervision of H30. I believe that this 7 was shortly after I had made my complaint about Killead 8 Ward. 9 10 Alicia was not long in PICU when she was transferred 10:50 11 back to Killead Ward. I was told by H3O that it was 12 because another patient needed the place in PICU more. 13 At the time I believed there may have been some 14 benefits to Alicia being in PICU. There were a limited 15 number of patients; there was a higher ratio of staff, 10:50 16 and there was also psychology and art therapy. 17 some time before Alicia was provided with psychology 18 I had said I would assist Alicia's and art therapy. 19 move to PICU. I went up to help with the transition. 20 When we gained entry to the back of PICU, Alicia lay 10:50 21 down on the ground inside the floor. She Lay down on 22 the floor in fear and submission. This incident 23 disturbed me greatly and I came away in tears worrying 24 about why she behaved like this. Looking back, I think she was afraid of going back into the seclusion room. 25 10:50 26 27 When Alicia returned from PICU, she continued to be 28 affected by being on Killead Ward. On one occasion

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Alicia was given the maximum level of PRN, 4mg of

Lorazepam, because she was so agitated even though she was already on 27mg Diazepam. When I went to visit Alicia at about 4:00 p.m. or 5:00 p.m. on the day, I found her lying in bed comatose. I spoke to the senior nurse and told her that was not how I expected Alicia 10:51 to be treated and it was unacceptable. I told the nurse that my understanding was that PRN was a method of the last resort. I was concerned that Alicia was at risk of an overdose.

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I complained to RQIA but they did not consider that Alicia was at risk of an overdose. I cannot recall the name of the person I spoke to, but she said that if Alicia was on 27mg of Diazepam per day and given the maximum PRN, this would have been fatal. She said that 10:51 Alicia was on 25mg per day, which was only 2mg off a fatal dose.

In addition to these concerns, I had concerns about the use of seclusion. I first became aware of it when H40 told me about a previous incident when Alicia was in Cranfield Ward and had hit out at a nurse. H40 told me that Alicia had been taken to a deescalation room for about 15 minutes, and there was always a doctor with her. He said this worked a treat. I thought this would be a therapeutic room with someone to talk to her about what had happened. I had no idea this might have been the seclusion room. In fact, when Alicia was admitted, I was not informed there was a seclusion

1 room, what it was for or any procedures relating to its 2 It was only when I saw the seclusion room in 2016 3 that I thought back to what H40 had said, and realised 4 that it was the seclusion room that he said would work 5 I could not believe that this was what anyone 10:52 6 would think would work a treat, never mind a consultant 7 I believe the seclusion room could only psychi atri st. 8 instill fear and punishment, and it was a cruel, inhumane practice which should never have been part of 9 10 a hospital. 11 12 I now find it difficult to accept this as being an 13 accurate description of Alicia's experience of the 14 seclusion room, and believe that it shows there was a 15 complete failure by all professionals and organisations 10:53 16 to recognise the impact it has had on her and others. 17 It was only after Alicia had subsequently been put in 18 the seclusion room while she was in PICU, and explained 19 to me what it was like, that I appreciated its true 20 Alicia told me she had been put in jail, and 21 was really scared and that she was crying. I did not 22 press Alicia about this because I did not want to 23 distress and agitate her further."

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Then I'm going to pick up the reading at paragraph 83 over the page, where you say:

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"I asked H397, senior nurse at PICU, to show me the seclusion room but he refused because he said there were patients in the ward. I then asked Laura Waite She was able to arrange for H397 to for assistance. show me the seclusion room. I was brought through the ward to visit the seclusion room. There was a door beside the sensory tent which went down a dark corridor 10:54 to the seclusion room. I was shocked by what I saw. The room was about three and a half foot wide and was more like a cupboard. There was only a large leather chair inside, which took up most of the room. The room was very dark. There was no window. It was a dismal, 10:54 small, cold dark room and not therapeutic in any way.

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H397 told me that sometimes a patient requested time-out in the seclusion room to be alone, but I told him that I could not imagine anyone asking to be put in 10:54 I also told him that I could understand how Alicia was so terrified from being in the room. told me that CCTV was going to be put in the seclusion room to protect patients and nurses from false allegations. I asked how the patients get attention if 10:55 they need water, the toilet or felt unwell. thinking particularly of Alicia, who had seizures. H397 said that in those circumstances, they press the buzzer. I pressed the buzzer but it was not working. H397 then explained the buzzer was checked every week, 10:55 that there was always a member of staff outside the door, and he said he had appreciated that the room needed to be renovated, which he had discussed with management.

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The Belfast Trust assured me in a letter dated 17th January 2018 that some of the issues I raised with the seclusion room had been addressed, including ensuring that the alarm is checked each time someone is in seclusion. I was also told that there was no need for an interlock system as there was always a member of staff outside the room when a patient is in it. This letter is included with the other Belfast Trust correspondence in Exhibit 4.

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I complained to the RQIA about the seclusion room when they conducted an inspection in December 2016, and was dissatisfied with the response. This inspection is the subject of the RQIA Mental Health and Learning 10:56 Disability Inpatient Inspection Report of Cranfield ICU dated 6th-8th December 2016. I understand that the Inquiry already has this report. I also called the Nolan Show about the seclusion room, and he did a piece about it that was broadcast on 18th November 2018 which 10:56 featured an interview with H50. His explanations about the reasons why a seclusion room was needed in MAH and that it was a suitable environment were completely unsatisfactory in my opinion. I would like the Inquiry to listen to this broadcast, as the seclusion room was 10:56 entirely unfit for purpose and should have been done away with.

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On 11th April 2017, following Alicia's return from PICU

to Killead Ward, her detention was renewed under Article 13(2) of the Mental Health Order for a further six months. I went to see H40 to ask for Alicia to be transferred to a quieter ward. Donegore Ward was suggested, which is a smaller unit. There was 10:57 resistance to it for some time but she was eventually moved to a three-bedroom ward at the back of Donegore on or about 21st June 2017. I was pleased about the move but unfortunately, the day afterwards, a patient punched Alicia and stamped on her foot. Alicia was 10:57 there for a short period of time, and in that time there were four or five incidents of Alicia being attacked by two other patients. Alicia was then moved to the larger area of Donegore. There was a patient there who took a dislike to Alicia. 10:57

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It was known by staff that this patient and Alicia did not get on. According to the staff, on 28th May 2018 the same patient pulled Alicia's hair and kicked her, leaving bruising to Alicia's right leg that I had to query. There was meant to be two nurses there but Alicia was clearly not being looked after. So, although the ward was a very great improvement, the care itself was lacking and a good opportunity to help Alicia was being missed. I felt strongly that patients have human rights that should be respected, and that Alicia had a right to be kept safe and to be protected from harm.

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I have made a series of complaints to MAH, the Belfast At the time when Alicia was in MAH, I Trust, and RQIA. was not made aware of the procedures for raising safeguarding issues nor did I know how to do that. am now aware, and I believe that when I was complaining 10:58 about bruising and marks on Alicia's body and other issues that I had about her care, these should all have been treated under safeguarding. If they had followed their own procedures, (let alone any improvements that may be recommended), then in my view incidents of abuse 10:59 and lack of care would have been properly recorded and might have made it harder for systematic abuse at MAH to become so entrenched.

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On numerous occasions I raised concerns and made 10:59 complaints about Alicia's care and treatment in MAH but they were often not taken seriously or investigated. On one occasion Alicia had bruising to the inside of her wrist, and when I asked H397 what happened, he said she might have banged it on a table. Given he did not 10:59 know, and I was raising an issue over it, I believe he should have looked into it further, but he did not. Two days or so later an older nurse, H89, asked me if I had heard about Alicia, that she had pulled a baquette out of H570, another staff member's hand, and at this H89 started to laugh. I walked away confused as I did not know why she was telling me about that, but I thought after she had maybe heard about me questioning the bruising on Alicia's wrist and was therefore trying

10:59

1 to make light of it, as that incident with H570 was how 2 Alicia had actually ended up with the bruising. 3 4 I refer particularly to a complaint I made on 5 23rd November 2015 about the handling of Alicia's 11:00 6 adverse reaction to Lamotrigine. There was a meeting 7 with H40 on 23rd May 2016 to discuss it. Whilst I do not have notes of this meeting, it is referred to in 8 9 the 3rd June 2016 Letter from the Belfast Trust that I 10 have included as Exhibit 4 along with other 11:00 correspondence with Belfast Trust. 11 I also refer to 12 minutes of meetings I had with Belfast Trust that are 13 attached at Exhibit 7. 14 15 H40 did not acknowledge that there was an issue. He 11:00 16 said that when Alicia was discharged, the rash was only 17 on her hands and that H338 had not got up that morning 18 He did not listen to me and did not to do any harm. 19 accept that harm had happened. H40 said that when it 20 was on Alicia's hands, it presented as scabies. 11:01 21 social worker, H554, who was also present, confirmed 22 that she was helping Alicia go to the day centre and 23 she saw the rash, which was on Alicia's hands and arms 24 when she was discharged. 25 11:01 26

I was completely dissatisfied with H40's response and I made a formal complaint with Musgrave Complaints

Department. As a result, there was a further meeting involving H40, H50 and someone from the Complaints

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Prior to that meeting, I found out that H33 had only been training for three years. During the meeting, I specifically asked who was overseeing him when H40 was 11:01 away and that someone senior should have been. referred to the risks associated with Lamotrigine including Stephens Johnson Syndrome, and considered H338 should have been properly advised about it. apologised several times during the meeting and said 11 · 02 that he should have been overseeing H338. H40 said that the learning from this would be that I was not listened to, but he did not apologise. However, I consider that an additional learning should have been that if there is a potentially very serious adverse 11:02 reaction to medication, this should be highlighted so that any doctor looking after the patient can be aware of it and the symptoms to look out for. I think that also think that H40 had a responsibility to ensure this was done before leaving on holiday. I cannot 11:02 understand how it was thought appropriate to warn me but not the doctor taking care of Alicia in his absence.

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I received the letter from Belfast Trust dated 3rd June 11:02 2016 assuring me that there was appropriate supervision in place and that my experience would be shared at the doctors' monthly teaching session. It was also agreed that there would be an audit to identify and quantify

1 the need for doctors in MAH to access outside 2 This letter is included as part of the 3 correspondence from Belfast Trust included in Exhibit 4 I have not seen any evidence that an audit was ever carried out and I would like the Inquiry to investigate 11:03 6 whether such audits were carried out and whether a protocol or quidance was developed for MAH doctors to 8 have access to specialist independent opinion, as they 9 refused that for Alicia and instead went to another 10 consultant psychiatrist employed by the Belfast Trust.

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I was not satisfied with the treatment of my complaint and subsequently I spoke to Billy Moore at the Society of Parents and Friends of Muckamore. He recommended that I contact a solicitor. I did speak with a 11:03 solicitor who was sent a pre-action protocol letter in and about June 2018 about Alicia's epilepsy medication and antipsychotic medication. By this time, there were other issues concerning the management of Alicia's medication that were being raised which I considered 11:04 contributed to a deterioration in Alicia's condition and her detention under the Mental Health Order on 11th October 2016 for about a year until 25th September However, I did not want to pursue litigation 2015. because Alicia was still in MAH and under their care 11 · 04 and I was concerned that they had all the power, and I was worried about the repercussions on Alicia if I made a complaint.

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I was invited to meetings to discuss issues and to receive updates on 27th October 2016, 18th November 2016, and 2nd February 2017. The minutes of these meetings were taken by MAH. I have included these minutes in Exhibit 7.

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These meetings included H30, consultant psychiatrist, H397, and others, and I attended with Laura Waite.

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Whilst these meetings were a good idea in principle, I found them frustrating and unsatisfactory as they seemed to make no difference, apart from allowing MAH to say that I had been given an opportunity to raise any concerns. Examples of these meetings making no difference include the lack of any resolution to the fundamental issues of treating Alicia with antipsychotics, despite the evidence of her increase in seizures; moving her on to Killead Ward and returning her back there, despite it being known that she reacted very badly to that environment and did not do well; helping her to move out of MAH and providing the necessary supports. I feel that the impact of hope was not really addressed and that Alicia was in a vicious She reacted badly to the antipsychotics and the ward environment, the chances of getting discharged receded, she reacted badly to that and was put on other anti psychoti cs. There seemed to be no proper pathway that allowed Alicia to see how she would get out of MAH.

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I will felt that I had to be constantly on alert to protect Alicia and I felt that MAH should be ensuring that Alicia was kept safe and was not harmed by the medications they gave her. Despite the evidence over 11:06 so many years that antipsychotics led to increases in Alicia's seizures, MAH still persisted in trying out a I tried to raise my concerns that not series of them. only were increases in her seizures damaging and destabilising, taking time for Alicia to settle, but 11:06 they might also interact badly with her tuberous sclerosis and increasing the brain damage and kidney function. It is worth pointing out that Alicia was constantly presenting with bruises in this period.

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Even when MAH finally agreed to obtain a second opinion, they refused to seek one from English experts in tuberous sclerosis and mental health and who could bring an independent view, but chose to go to H553, a consultant psychiatrist employed by the Belfast Trust. This was despite it being acknowledged that there was no one in Northern Ireland with expertise and experience in tuberous sclerosis and mental health, which led me to believe that MAH did not really want anyone who might challenge what they were doing with

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Alicia.

The opinion letter report from H553 dated 9th June 2017, essentially concluded that Alicia's case was very

1 complex, and treatment needed to incorporate her comorbid physical problems, psychiatric symptomology, history of trauma and social environmental factors. Notwithstanding that, Alicia's Haloperidol was slightly increased. I was unable to see how H553's comments 11:07 were factored into Alicia's treatment plan, for example his reference to her history of trauma and social/environmental factors. Inaccuracies in Alicia's notes and records was a 11 . 08 11 continuing problem. I felt that they could be biased, and this was a worry as they represented the accepted record on which decisions would be made and could have 14 a detrimental effect on her at day care. The meeting of 27th October 2016 was a rare admission of 11:08 16 inaccuracies where it is recorded that H556, ST5 at

and H3O also apologised on behalf of the multidisciplinary team. This is one of the minutes I

> have included in Exhibit 7. It is not possible for me to be checking the accuracy of Alicia's medical notes

11:08

11:08

MAH, apologised for the confusion and miscommunication,

and records, they should be correct in the first place.

I have concerns that they are not correct and worry about this because some of the staff are currently

charged with criminal offences.

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There were reports from RQIA on Cranfield Ward for each year that Alicia was in there, i.e. 2015, 2016, 2017 and 2018. I raised numerous concerns over Alicia's

1	care in those years. I understand the Inquiry already	
2	has access to those RQIA reports into MAH and I invite	
3	the Inquiry to consider those for the years of Alicia's	
4	admissions. In addition to carrying out unannounced	
5	visits to PICU, RQIA also visited Killead Ward while	11:09
6	Alicia was there. My carer's advocate helped me make	
7	complaints to RQIA.	
8		
9	From 2016 I was raising concerns with RQIA,	
10	particularly about the seclusion room, and these	11:09
11	complaints did not end up in the reports. I remember	
12	an inspection conducted by RQIA from 6th-8th December	
13	2016. I explained in detail to the inspector the fear	
14	and trauma that Alicia had experienced by being placed	
15	in the seclusion room. I also told her about the	11:09
16	inappropriateness of the room for so-called	
17	deescalation, and the fact that the buzzer was not	
18	working. I asked if the inspector had seen the	
19	seclusion room. She did not answer at the time. I	
20	said that someone needed to do something about it, and	11:10
21	it was not fit for purpose. RQIA made a report from	
22	the inspection but there was no mention about the	
23	seclusion room. Laura Waite and I could not believe	
24	this when the report came out.	
25		11:10
26	I spoke to an RQIA staff member at an RQIA consultation	
27	with regards to delayed discharge patients on	
28	21st November 2017. I have included an RQIA	

questionnaire that I completed on delayed discharge in

1	Exhibit 8, along with RQIA notes of my meetings with	
2	them, and complaints documents. I spoke to her about	
3	the inspection of the seclusion room. I attended this	
4	meeting with other parents and Laura Waite, my	
5	advocate. I recall another mother called Tara, and she 1	1:1
6	was raising concerns about her daughter's care in	
7	Killead.	
8		
9	RQIA did not speak to Alicia during the inspection. I	
10	asked the RQIA staff member to assure me that what she 1	11:1
11	had heard on that day from all the parents was included	
12	in her report. It was clear that the room that they	
13	had been shown was not the same room that I had been	
14	shown. The report from RQIA was not published. In a	
15	telephone conversation between myself and the RQIA, an 1	11:1
16	RQIA staff member", who you name, "told me she was told	
17	by her seniors to stand down from the report. She told	
18	me that the reason she was given was that the	
19	consultation had changed in format and it was not just	
20	focused on delayed discharge patients in MAH. I want 1	11:1
21	to know why there was no report done by the RQIA	
22	despite the fact there were so many concerns raised by	
23	families on this date. As a result, I made a complaint	
24	on or about 25th June 2018, which led to a	
25	clarification meeting on 8th August 2018 that I	11:1
26	attended with Laura Waite.	
27		

29

 $\ensuremath{\mathsf{RQIA}}$  provided their draft and final notes of the

clarification meeting in Exhibit 6. It records that I

again asked whether they had seen the seclusion room, and said that in my view someone needed to do something about it as it was not fit for purpose and Alicia had been very traumatised by it. During the discussion the inspector claimed to have seen a mattress on the floor in the seclusion room, which did not fit with the seclusion room I had seen in 2016. I asked whether the photographs of the room were taken and was told they were not. I was instead shown photographs of a therapeutic room.

I do not think RQIA ever went and inspected the seclusion room at this stage. The note also records that the Director of Improvement/Medical Director asked me how I would have liked the RQIA to have responded to my conversation with the inspector, to which I replied that the room was clearly not fit for purpose which is why I had raised it in 2016, and that I would have expected the room to have been dealt with at that time.

11:13

11:13

So far as I was concerned, it was a highly unsatisfactory meeting. Laura Waite pointed out that MAH was transforming the seclusion room having recognised that changes were needed. It was clearly not fit for purpose in at least 2016 when the RQIA inspected it, so the issue is why RQIA had not seen that and reported on it. I regarded that as a failed opportunity to identify the inaccuracy of the seclusion room much earlier which could have prevented other

parents from having to experience it.

I am aware that the Inquiry was shown photographs of the seclusion room at the outset of the public hearings as it is now and not how it was. I would like the
Inquiry to obtain photographs of the old seclusion room before it was done up which I believe they should be able to obtain. Perhaps the Belfast Trust, MAH archives or police may have these.

11:13

I refer to subsequently overhearing P118, who was a patient in MAH and had an apartment in a facility" which you name "about Alicia's calling out not to be put in the 'black hole'. I knew immediately that it was a reference to the seclusion room and I mentioned it to staff at the other facility and asked for it to be passed on to P118's mother. I am also aware from my involvement with Action for Muckamore and Glynn Brown that his son had to endure the seclusion room, and I believe that many more could have been spared the horrific experience if RQIA had done its job properly.

There another meeting on 8th November 2018 that was not much better. I have included RQIA notes of this meeting in Exhibit 6. I explained that I had completed 11:14 a complaint agreement pro forma which included a summary of my complaint and what I hoped to achieve. A copy of this is in Exhibit 6. The sole result was a change to the report to add 'The inspector agreed with

1	Catherine that at the time of the inspection Catherine	
2	had informed her that Alicia had referred to her time	
3	in the seclusion room as staffing putting her in	
4	prison'. That was incorrect and it should have been	
5	'jail' as recorded in RQIA's notes of the 8th November 1	11:1
6	2018 meeting.	
7		
8	I persisted with my complaint, which was then	
9	escalated. Eventually in a letter dated 1st April	
10	2019, RQIA apologised for the whole process of dealing 1	11:1
11	with my complaint, upheld part of it and recommended	
12	that the RQIA simplify its complaints process and make	
13	reasonable adjustments for patients with mental	
14	ill-health to ensure their views are captured in	
15	inspection reports. This letter is included in	11:1
16	Exhi bi t 6.	
17		
18	I would like the Inquiry to investigate exactly when	
19	the RQIA first inspected the seclusion room, what they	
20	recorded about that inspection and what, if anything,	11:1
21	did they recommend should be done with it? There is a	
22	real issue of trust, and as far as I could see the RQIA	
23	worked hand in hand with Belfast Trust and they all	
24	covered up for each other, as I cannot think of any	
25	other reason why RQIA failed to see and report on what	11:1
26	should have been obvious.	
27		
28	I also want the Inquiry to investigate whether RQIA	

have simplified its procedures and made reasonable

1	adjustments. Not only was there no real incentive for	
2	families to help the RQIA as a regulator, even when	
3	they did complain, as I did on several occasions,	
4	little came of it. In my view they failed as an	
5	effective regulator. I believe that due to the	11:16
6	complexity and unsatisfactory nature of the process,	
7	the RQIA failed to properly protect the interests and	
8	rights of vulnerable people when it could have done so,	
9	and that in my view led to avoidable harm being done.	
LO		11:16
L <b>1</b>	I wanted to take Alicia home and have arrangements for	
L2	supports and respites to be put in place. The social	
L3	worker said this would not be possible and that my	
L4	house would be chaos and that Alicia would need her own	
L5	place. My understanding from the Belfast Trust was	11:17
L6	that I would have to tell the Northern Ireland Housing	
L7	Executive that Alicia was homeless. I told them that I	
L8	could not do that. Alicia was my daughter, and she had	
L9	a home with me. The alternative was to have Alicia	
20	discharged into supported living accommodation when she	11:17
21	was sufficiently well. I viewed a few places"	
22		
23	Chair, I'm being asked if we can take a little break.	
24	CHAIRPERSON: Do you need a break?	
25	THE WITNESS: A short break, please.	11:17
26	CHAIRPERSON: Yes, okay.	
27	MS. KILEY: There's not too much reading left but	
28	perhaps if we could	
29	CHAIRPERSON: There's about five minutes to go.	

1		THE WITNESS: I won't be long.	
2		CHAIRPERSON: we'll just stop. we'll just sit here,	
3		actually. I'm not going to rise because we'll take a	
4		proper break afterwards.	
5			11:17
6		SHORT PAUSE IN THE PROCEEDINGS	
7			
8		CHAIRPERSON: Are we all right to carry on?	
9		MS. KILEY: Yes, thank you, Chair. Are you happy	
10		enough to continue, Catherine?	11:25
11		CHAIRPERSON: we'll take another break in a few minutes	
12		once the statement is finished anyway.	
13		THE WITNESS: Okay, thanks.	
14		MS. KILEY: Chair, I'm told that a ten-minute break	
15		would be welcomed on that occasion; at least ten	11:25
16		minutes.	
17		CHAIRPERSON: It will be longer than that.	
18	4 Q	. MS. KILEY: Catherine, I'm going to pick up the reading	
19		halfway through paragraph 116, where you say:	
20			11:25
21		"The alternative was to have Alicia discharged into	
22		supported living accommodation when she was	
23		sufficiently well. I viewed a few places and chose a	
24		facility", which you name, "because it looked homely	
25		and there was an open door policy, which was vitally	11:25
26		important to me due to the experiences of Alicia being	
27		locked in MAH.	
28			
29		A risk management plan was prepared for Alicia in June	

T	2018 prior to her discharge from MAH and being praced	
2	in", that other facility which you name. "I have	
3	included this risk management plan in Exhibit 9. I	
4	believe that a risk management plan should have been	
5	prepared for each of Alicia's moves within MAH.	11:26
6		
7	Alicia was discharged from MAH in or about July 2018."	
8		
9	For the rest of paragraphs 118 and 119, you explain	
10	some of your concerns about safeguarding in the	11:26
11	community. I'm going to pick up the reading then at	
12	paragraph 120, where you say:	
13		
14	"I do, however, want to make it clear that I am aware	
15	of good caring staff, not just in the community but in	11:26
16	MAH. In my view having interacted with staff in	
17	relation to Alicia over a number of years, these good	
18	staff need to be properly valued and helped with better	
19	training and improved terms and conditions. They also	
20	need to be encouraged to be part of improving the	11:27
21	system whether it is in MAH or in the community. With	
22	the appropriate training and support, staff can be part	
23	of ensuring that procedures are followed and those who	
24	are not conducting themselves properly are made	
25	accountable. My experience is that not only do some	11:27
26	staff not know how to properly raise concerns but many	
27	who do may be afraid to do so."	
28		

Then I'm going to move to paragraph 122, where you say:

"Alicia continued to be on Haloperidol after she was discharged were MAH. In October 2019 she was admitted to hospital with a grand mal seizure which was life-threatening. The consultant neurologist told me that 50% of the patients he treated where seizures, those seizures were related to antipsychotic drugs. He took Alicia off the antipsychotics because of this seizure.

11:27

11:28

11:28

11 · 28

I deeply regret ever having Alicia admitted to MAH.

I believed as a hospital, it would help her and keep her itself. I believe that the stubborn refusal to consider any alternative to the antipsychotic medication, even though they knew her case was particularly complex and no one there had real expertise and experiences in treating patients with tuberous sclerosis and mental health issues inflicted damage on Alicia. A senior manager said to me at MAH prior to Alicia's discharge at a meeting that if what happened to Alicia, the assault happened now, she would never have been admitted to MAH.

I believe that they robbed Alicia of her capabilities and instead of helping Alicia with her difficulties, they regressed her. Alicia was not helped to deal with some of the trauma she experienced in the community, which was compounded by the abuse which she suffered in MAH. As a result of her time in MAH, Alicia has been

left with fearful recollections and permanent scarring from her adverse reaction to the Lamotrigine, and she is far from the person she once was before entering MAH.

11:29

11 · 29

I would like the Inquiry to investigate the extent to which MAH should have provided effective wraparound care and treatment, addressing their parents' mental, medical and behavioural issues in a coordinated way. I would also like the Inquiry to investigate the extent to which this care should have been properly extended into the community when patients were discharged to give their placements the best chance of success and them the best chance of being content.

11:29

11:29

I remain concerned about Alicia's long-term psychiatric care and would like the Inquiry to recommend that the Belfast Trust fund an independent assessment and report on Alicia's medication and the treatment plan going forward.

Alicia is now in Stage 5 kidney failure and is on the transplant list. I would question whether Alicia's renal failure is connected to the medication she was prescribed long-term, and possibly unnecessarily whilst 11:29 in MAH. Her brothers and uncles have come forward as potential donors. Thankfully one of my brothers is a match, and the process is in the final stages before he can donate a kidney to Alicia. I am in awe of my

1		family and their love towards Alicia and I just now	
2		pray to God that everything goes well."	
3			
4		And, Catherine, that's the end of the section that I'm	
5		going to read out. I just have one question for you	11:3
6		before I let you take the break. That is, having heard	
7		me read that out, are you content that the statement is	
8		accurate and do you wish to adopt that as your evidence	
9		today?	
10	Α.	Yes.	11:3
11		MS. KILEY: Okay.	
12		CHAIRPERSON: So, the next part of the process, after	
13		the break, will be that Ms. Kiley will just look at a	
14		couple of areas of this statement that she wants to	
15		explore with you orally, and then the Panel will also	11:3
16		have a chance to ask you any questions, and then you'll	
17		be given the chance to say anything that you want to	
18		say. So, that's the process that we're going through.	
19		We'll take a break now. We'll take a bit longer than	
20		15 minutes. We'll try and come back just after ten to	11:3
21		12. All right? Okay. Thank you very much.	
22			
23		THE INQUIRY ADJOURNED BRIEFLY AND RESUMED AS FOLLOWS:	
24			
25		CHAIRPERSON: Thank you very much.	11:5
26		MS. KILEY: Chair, just for information, I have spoken	
27		to the witness during the break about breaks and she	
28		has indicated that she would like, if possible, to have	
29		a short break after I finish my questioning and before,	

Т			pernaps, the Panel have any questions so that she can	
2			gather her thoughts and make sure she has	
3			CHAIRPERSON: Of course.	
4			MS. KILEY: I anticipate that I will be, hopefully,	
5			half past 12.	11:55
6			CHAIRPERSON: What we might do then is take an early	
7			lunch, take a break then and give you a chance to have	
8			a bit of a think and then we'll carry on. Thank you.	
9	5	Q.	MS. KILEY: As you know, Catherine, you've heard your	
10			statement being read, and you have provided a lot of	11:55
11			detail in that so I'm not going to ask you to go over	
12			every single thing again, but there are a few things	
13			that I want to pick out just to ask you a little bit	
14			more about. Okay?	
15		Α.	Okay.	11:55
16	6	Q.	The first thing is about Alicia's diagnosis. You have	
17			described a series of complex medical conditions which	
18			Alicia has?	
19		Α.	Mmm.	
20	7	Q.	But I want to ask you particularly about the diagnosis	11:55
21			of a moderate intellectual disability. When was that	
22			diagnosis made?	
23		Α.	From what I recall in the Maureen Sheehan Centre, in or	
24			around 11.	
25	8	Q.	Aged 11.	11:55
26		Α.	They done some sort another test.	
27	9	Q.	Can you describe to the Panel how that particular	
28			disability affects her on a daily basis?	

A. Her learning disability?

- 1 10 Q. Yes.
- 2 A. I would say Alicia is very astute and, you know, smart
- in many ways. But academically, you know, I always
- 4 realised she was never going to reach her potential
- 5 academically. But Alicia's amazing because she could

11:56

11:57

11:57

11 · 57

- 6 be sitting, we could be chatting, maybe me and me
- family or others, thinking she's not listening and then
- 8 she could repeat everything to you. I always thought
- 9 she was quite capable in many ways, especially when she
- was younger and before Muckamore.
- 11 11 Q. And how are her communication skills?
- 12 A. Presently not good.
- 13 12 Q. Okay.
- 14 A. I do suspect that the several episodes of grand mal
- seizures and static epilepsy, I'm in no doubt that it
- has done her, which I believe, brain damage. So, in
- 17 the past she would have been able to sit and have a
- conversation. Now, how she presents is if she starts
- 19 to talk about one subject, it sort of runs into another
- subject. It's almost as if, to me, she's getting
- confused. Then there's other times out of the blue she
- can be quite compos mentis. I mean, I don't know, I'm
- not an expert, I'm her mother well, I am an expert
- 24 actually, I am her mother but definitely she is not
- the same, she doesn't have the same abilities that she
- used to have.
- 27 13 Q. And you raised a number of concerns, you heard me read
- them out, about medication in your statement?
- 29 A. It's a well-known medical fact that antipsychotics will

1			lower the threshold of epilepsy.	
2	14	Q.	I'm going to come to ask you a little bit about that	
3			because you have concerns about antipsychotics and	
4			other medicine episodes in MAH, so I will ask you a	
5			little bit about that. You described a number of	11:58
6			admissions to Muckamore?	
7		Α.	Yes.	
8	15	Q.	Five, I counted in all, over between November 2008 and	
9			August 2018?	
10		Α.	Yeah.	11:58
11	16	Q.	I want you to think about those earlier admissions just	
12			for a short time, because in your statement you	
13			described the first admission, which was 6th November	
14			2008, and that occurred after an assault in the	
15			community. You also described a later admission which	11:58
16			took place on 8th February '18; that was the admission	
17			shortly after your mother died?	
18		Α.	Mm-hmm.	
19	17	Q.	When you were discussing both of those in your	
20			statement, you described how you felt that Alicia	11:58
21			needed therapeutic help on those occasions and how you	
22			thought that that's what she would get in Muckamore.	
23				
24			Can you tell us, thinking about those earlier	
25			occasions, did Alicia receive any psychological input	11:59
26			during those admissions?	
27		Α.	Never.	
28	18	Q.	Was it ever explained to you why that didn't happen?	
29		Α.	No, to be quite honest.	

- 1 19 Q. You did, later, describe one occasion in October 2016
- when Alicia was admitted to PICU, and you say she got
- 3 psychological input and art therapy then. Was that the

12:00

12:00

12:00

- 4 first time that she got that sort of treatment?
- 5 A. I'm not even a hundred percent sure it was
  - psychological treatment but I do know she got more
- 7 support. There was an art therapy, she done a bit of
- 8 art, and there was a lady that I presumed that's what
- 9 she was and she, you know, helped her. No great detail
- was ever given to me or...
- 11 20 Q. Were you ever told about a behavioural support plan or
- 12 anything like that that was created for Alicia?
- 13 A. No, not at that time. I would understand that now.
- 14 21 Q. Yes.

- 15 A. But no, I would never even have heard those words
- 16 probably back then.
- 17 22 Q. Just to be clear, does that extend to her whole time at
- 18 Muckamore then, the behavioural support plan? When did
- 19 you get some knowledge about that?
- 20 A. Only after, in recent years, I educated myself within
- the community. Definitely, definitely never heard
- those.
- 23 23 Q. Okay.
- 24 A. Or was it offered in Muckamore.
- 25 24 Q. But she did get some access to day centre in Muckamore? 12:00
- 26 A. Yes.
- 27 25 Q. Can you tell us a little bit more about that? Do you
- 28 know what sort of treatments or therapy she had access
- to there?

- 1 A. It would have been Alicia going over to the day centre,
- 2 maybe doing a bit of art, maybe doing a bit of cooking,
- 3 music. But that would have been it.
- 4 26 Q. Okay. The longest admission that Alicia had was the
- one that was between 7th November 2015 and 13th August

12:01

12:01

12:02

12.02

- 6 2018?
- 7 A. Yes.
- 8 27 Q. When you referred to that in your statement at
- 9 paragraph 52, you said that that was the time that
- several serious incidents arose. You describe them as
- "Errors with medication that led to a serious adverse
- reaction, mismanagement of transfers to other wards,
- and the handling of complaints".
- 14 A. Mm-hmm.
- 15 28 Q. Later in your statement when you are discussing that
- 16 admission, you also refer to concerns about seclusion
- 17 and bruising?
- 18 A. Mm-hmm.
- 19 29 Q. I want to take each of those topics and just ask you a
- 20 little bit about each of them.
- 21 A. To be clear, from all of Alicia's time in Muckamore,
- even the short first stay, there was bruising then.
- That's continued no matter at what stage she went in
- and no matter what ward she was in. There was constant
- 25 bruising.
- 26 30 Q. Okay. So perhaps that's a good one to start with then.
- 27 A. Mm-hmm.
- 28 31 Q. So, that's something that you said you noticed
- throughout her stays. Can you tell the Panel a bit

1	more about where you noticed bruising on Alicia; how
2	severe it was?

A. When she first went in, the first short stay in Cranfield - to be honest I can't remember the year now - there was bruising on her arms. Alicia referred to -- said to me - and at that time she would have been quite able to talk and explain things - and she said that the nurses were cheeky to her, that another patient were hitting her and nipped her. I would have, you know, raised the concerns because I expected, it was a hospital, I expected that Alicia would be cared for and protected, you know.

And then the second time that she was in, you know, it was the same thing. Bruising. You know, it could have been on her leg, it could have been on her arms.

Alicia would have been telling me that she was being hit. But it wouldn't have been as much -- it wouldn't have been happening as much at that point, you know.

Her first admission, her second admission, it wouldn't have been having, what I would call abuse, wasn't happening as often, or her injuries.

23 32 Q. 

When you say that you reported them, you reported those incidents, I don't want you to name names but if you can tell us by perhaps reference to their role, who would have you reported those things to on?

12.04

A. So, nurses and senior staff. I would have said, like, why is Alicia bruised or why isn't she being protected, and this shouldn't be happening. You know, obviously I

- 1 was deeply concerned and Alicia was upset by it. So, 2 of course as a mother I raised those concerns.
- 3 33 And that was raised verbally, was it? Q.
- Yeah, uh-huh. 4 Α.
- 5 34 What responses did you get? Q.

6 Usually the response would be, oh, there was incidents Α. 7 on the ward, and it was another patient and, you know, 8 we used intervention and that was the reasons for the

12:04

12:05

12:05

12:05

12:06

9 bruising and injuries on Alicia.

How satisfied with those responses were you? 10 35 Q.

11 Α. Not satisfied whatsoever. But, you know, I would not 12 have been aware of how a complaints process would have 13 worked: I wouldn't have understand that there was a 14 safeguarding process. I do realise now. Me raising 15 concerns should have brought to the attention of the 16 social worker, an APP1 then should have been begun; I 17 should have been spoke to; it should have been 18 investigated; it would have went through a process 19 under and reached APP7; I should have been involved in 20 all of that. I didn't know that back now, I know it I felt that there was almost 21 It never happened.

23 here, people end up black and blue. Honestly, that's 24 the truth. It was almost as if there was an acceptance 25 that these sort of things happened here. But I could

like there was this attitude that that's the norm up

26 never accept that so I was continuously, you know,

27 objecting and raising concerns, but they weren't being

listened to. 28

22

29 whenever you were raising those concerns, I know you've 36 0.

Т			said that you weren't aware of the complaints process,	
2			but when you were raising those concerns verbally with	
3			staff, were you ever told that there was a formal	
4			complaints process you could go through?	
5		Α.	No.	12:06
6	37	Q.	Do you ever recall at the time, for example, seeing	
7			posters or anything of that kind in the hospital that	
8			explained complaints processes?	
9		Α.	Never.	
10	38	Q.	No. Were you	12:06
11		Α.	I wasn't even, sorry, aware that, you know, there was	
12			advocates or anything like that. Nobody ever explained	
13			anything like that.	
14	39	Q.	That's just what I was going to ask you about actually.	
15			Were you ever aware about the PCC, the Patient Care	12:07
16		Α.	Never heard tell of them. Honestly, never.	
17	40	Q.	Okay. The other topic that I wanted to ask you about,	
18			which you discussed in detail in your statement, was	
19			the allergic reaction that Alicia took to the	
20			Lamotrigine.	12:07
21		Α.	Mm-hmm.	
22	41	Q.	You have provided great detail about that in your	
23			statement and I'm not going to ask you to go over that.	
24		Α.	Yeah.	
25	42	Q.	But I wanted to give you an opportunity to explain a	12:07
26			little bit more. You were clearly dissatisfied at the	
27			responses you got whenever you raised issues with the	
28			various people who you've described in your statement.	
29			What do you think that Muckamore staff could have done	

Τ			at the time to prevent that allergic reaction	
2			happening?	
3		Α.	Well, I would have expected that they would have called	
4			in a doctor. I think the mere fact that Lamotrigine	
5			and I'm not sure if I'm producing it right.	12:0
6	43	Q.	You probably are, I'm probably not.	
7		Α.	Lamotrigine, because it came with a high risk and a	
8			life-threatening risk, you know, and the fact that	
9			Dr	
10	44	Q.	Don't worry. Take your time, and the cipher list is	12:0
11			there?	
12		Α.	H40, you know, had explained to me one in so many could	
13			take a severe allergic reaction. Catherine, he said,	
14			if that happens, if she comes out in a rash, she needs	
15			to be brought to the Antrim Area Hospital, and in	12:0
16			fairness he had given me that warning. So, therefore,	
17			how would I have liked them to have reacted? So	
18			because there was this risk, in my mind that's the	
19			first thing I would have ruled out. I wouldn't have	
20			thought scabies, I'd have went to the top and by	12:0
21			elimination I'd have said I need to rule out that this	
22			isn't connected to the medication. I couldn't	
23			understand the way that that I forget his name, what	
24			do you call him? Sorry. I couldn't understand how	
25			H338, his approach was, instead of by elimination, the	12:0
26			most risky reaction to the tablets, I felt.	
27				
28			In my opinion what they should have done in fact not	

even my opinion, what they should have done, they

1			should have contacted a GP; they should have took her	
2			over to Antrim Area Hospital; her blood should have	
3			been taken; it should have been ruled out that the	
4			reaction was not related to the tablet, because they	
5			needed to protect her.	12:10
6	45	Q.	Yes.	
7		Α.	And they failed, failed, failed. Then whenever, you	
8			know, Alicia was discharged, and God bless her, she was	
9			delighted to be home and, you know, her form was good.	
10			You know, this was on her hands, it was on her arms, it	12:10
11			was spreading over her body, you know. Even though I	
12			knew it wasn't the scabies, I was doubting myself and	
13			saying, God, maybe they're right. Got the phoned	
14			the GP, got the antihistamine. I remember making the	
15			supper that evening, we were sitting, I gave her the	12:11
16			antihistamine. Within half an hour, she began to	
17			behave bizarrely. She was hallucinating, she was	
18			saying things like oh, I think something is happening	
19			to my brother and, you know I knew it wasn't mental	
20			health sort of, it was just strange.	12:11
21				
22			So, as I said in my statement, we took her to the Royal	
23			Victoria Hospital. I do believe, because she'd only	

28

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I often wonder, sorry, I know it was called PARIS back in the day, it's now ACR, but I often wonder had

been discharged from Muckamore, that they were probably

thinking it was more mental health. I don't know even 12:11

think they took a blood test.

2 because, you know, why did the hospital not take her 3 bloods? Do you know what I mean? Because they surely should have recognised that Lamotrigine had a risk of, 4 5 what do you call it, having a severe allergic reaction. 12:12 Certainly in hindsight it confused me, why didn't the 6 7 Royal Victoria Hospital take her bloods. 8 46 When you refer to PARIS, they are the electronic note Q. 9 keeping? Did Muckamore have it up on PARIS that Alicia was 10 Α. 12 · 12 11 actually on Lamotrigine? 12 47 You described H40 warning you of the possibility of an Q. 13 allergic reaction? 14 Α. Yeah. 15 was that something that he did verbally or --48 Q. 12:12 16 verbally, yeah. Α. 17 49 -- did he write anything down. Okay. Q. 18 19 was that at a meeting or just during a conversation? 20 I think it was standing in the foyer and he Α. 12:12 21 explained that to me, yeah. 22 Okay. Was there anyone else there during that 50 Q. 23 conversation? 24 Α. No. 25 Okay. You described Alicia as having permanent 51 0. 12:13 scarring as a result of that reaction? 26 27 Α. Mm-hmm.

Muckamore put up on PARIS that she was on Lamotrigine,

1

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29

52

Q.

Α.

Can you tell us a little bit more about that?

So, besides the facial rash, which is characteristic of

Т			or can be characteristic of tuberous scierosis, Alicia	
2			had pretty good skin, never really had acne or	
3			anything. But in the aftermath of the severe allergic	
4			reaction, she developed boils under her breasts and her	
5			groin, warm areas. It still continues and it causes	12:13
6			her an awful lot of discomfort and pain.	
7	53	Q.	Is she still getting treatment for that?	
8		Α.	Yes, she is.	
9	54	Q.	That episode, I think, is possibly also linked to one	
10			of the other issues you raised which is handling of	12:13
11			complaints, because you have described how you	
12			complained about that episode, and we have heard that	
13			in your. You said that in making complaints about	
14			that, you didn't think that you were being taken	
15			seriously; is that right?	12:14
16		Α.	Yeah.	
17	55	Q.	Can you explain a little bit more about why you felt	
18			that way?	
19		Α.	What are you referring to, sorry?	
20	56	Q.	In terms whenever you complained about the allergic	12:14
21			reaction that Alicia was having. So, you have	
22			described how you complained to Muckamore and you were	
23			asking for her to be taken off the medication, and	
24			H338, you spoke to him about it and you felt that he	
25			wasn't taking you seriously?	12:14
26		Α.	He was totally dismissive, you know. He thought he	
27			knew everything and who was I, I was only Ms. Bloggs, I	
28			would have no intelligence. That's the way I felt. I	
29			felt that he was exerting his power and that he knew	

- 1 best. And honestly, I was pleading with him, you know,
- 2 and I was in a sense threatening that I was going to
- report him. Nothing worked. He, as far as he was 3
- concerned, he was right and he was not listening to 4
- 5 anything I said.
- 6 57 Q. Did you ever make that formal written complaint about

12:15

12:15

12:16

12:16

- that incident? 7
- In truth I can't recall. 8 Α.
- 9 You've provided some --58 Q.
- I think I rang, sorry, Musgrave and verbally spoke on 10 Α.
- 11 the phone and raised that.
- 12 Musgrave being the Complaints Department --59 Q.
- 13 The Complaints Department, yes. Α.
- 14 60 Q. -- of the Belfast Trust. You have provided some
- 15 documents which are exhibited to your statement in
- 16 relation to complaints. Can you ask you to look at
- 17 page 41? If you look at the top of the pages, there
- 18 are numbers on them. If we could bring up page 41 on
- 19 the screen as well, please.

complaint?

Yes.

- 20 Yeah. Α.
- Have you got that? You can see there's a letter there 21 61 Q.
- 22 from the Belfast Trust dated June 2016, and there's a
- 23 reference there to you having met with H40 and H50 in
- 24 relation to ongoing concerns about the outcome of your
- Α.

25

- 27 62 Q. Does that relate to this incident?
- It does. 28 Α.
- 29 63 It does. You can see there on the second paragraph, it Q.

Т			Says:	
2				
3			"I trust that you are assured that there is appropriate	
4			supervision of junior doctors and that Dr. H40 did	
5			discuss your complaint with the junior doctor involved	12:1
6			and that the doctor has reflected on and learnt from	
7			this experience. Dr. H50 and Dr. H40 have also advised	
8			that your experience will be shared at the doctors	
9			monthly teaching session. At the meeting it was agreed	
10			that there would be an audit to identify and quantify	12:1
11			the need for doctors in Muckamore Abbey to access	
12			outside specialists for your patients."	
13				
14		Α.	But wouldn't you think they'd have already know that?	
15	64	Q.	My next question is did that satisfy you?	12:1
16		Α.	No. But it was a hospital so, you'd think, you know,	
17			they would have already had these procedures in place.	
18			You didn't expect for me to come along to teach them	
19			that that's what they had to do in the aftermath of a	
20			severe allergic reaction. They should have known that,	12:1
21			that should have been part of their procedure. So no,	
22			I wasn't satisfied.	
23	65	Q.	Did you ever hear anything more about this? There is	
24			reference to there being, for example, an audit to	
25			identify and quantify the need for doctors to access	12:1
26			outside specialists. Did you ever	
27		Α.	It was me actually suggested it.	
28	66	Q.	Did you ever hear that that had happened or an outcome	
29			of that?	

1		Α.	No. I did I do recall saying, well, I look forward	
2			to being informed about what you are going to put in	
3			place to prevent this from happening again, and in my	
4			opinion it should be on the computer, and that if	
5			anyone is prescribed medication that has a severe	12:1
6			allergic reaction risk, that there should be a red flag	
7			flowing that then indicates that the doctor is aware	
8			or sorry, the consultant psychiatrist is aware that	
9			there's a risk. Nobody ever came back. I said I look	
10			forward to it but it was never ever mentioned again.	12:1
11	67	Q.	When you were raising those things at the time, were	
12			you told whether those sorts of procedures were in	
13			place already?	
14		Α.	No, they says that's a good idea. I think they were	
15			trying to pacify me but they said that's a good idea	12:1
16			and, you know, we could take that forward to do that.	
17			So, they obviously hadn't it in place or they would	
18			have been able to tell me that it was in place.	
19	68	Q.	Okay. One of the other things that you have described	
20			in respect of medication was the general prescription	12:1
21			of antipsychotic medication for Alicia?	
22		Α.	Yeah.	
23	69	Q.	You said in your statement that you continually tried	
24			to explain your concerns about that to Muckamore.	
25			Again I'm not asking you to name names, but can you	12:1
26			explain a little bit more about how you tried to raise	

those concerns?

27

28

29

Α.

At meetings with the consultant psychiatrist. And

there was... I don't need to name names. At meetings,

1		I would have said I recall sitting, you know, and	
2		saying, look, why do yous keep giving her these	
3		antipsychotics? As yous know, they lower the threshold	
4		for epilepsy. She never had grand mal seizures before,	
5		she never had static epilepsy before; she has a brain	12:20
6		tumour, she has lesions on her brain, she has issues	
7		with her kidneys. And, you know, it's giving her grand	
8		mal seizures and it's bringing her to death's door. Do	
9		you expect me as her mother to sit back and watch while	
10		yous kill my daughter? You know, it's not good for	12:20
11		her, yous to need to stop it. Honestly, if I said that	
12		once I said it numerous times, I may have said it	
13		differently. But I was fighting for Alicia.	
14	70 Q.	And what response were you getting for that?	
15	Α.	Again, they knew better. I wasn't being listened to.	12:21
16		They never even considered, you know, maybe we do need	
17		to take on board what [P109's mother] is saying. They	
18		never did.	
19		CHAIRPERSON: You just used the surname.	
20		MS. KILEY: Yes.	12:21
21		CHAIRPERSON: Just pause for a second.	
22		MS. KILEY: Perhaps we'll pause for a second.	
23		THE WITNESS: what did I say?	
24		MS. KILEY: Your surname was used. We're just	
25		referring to you by your first name. Because of that	12:21
26		it is not transmitted outside the room and the	
27		transcript will be corrected as well. Don't worry	
28		about that, this happens.	
29	Α.	Believe me, I'm not worried about that. I'm in another	

1			zone at this time.	
2	71	Q.	Just on that, you referred to meetings and you have	
3			provided some minutes of meetings that you had with	
4			staff at Muckamore in your exhibits. For example, if	
5			you look at page 100, you will see minutes of a meeting	12:22
6			on 27th October 2016.	
7		Α.	Sorry, say that again.	
8	72	Q.	Have you got that? You'll see at page 100, minutes of	
9			a meeting on 27th October?	
10		Α.	Yes.	12:22
11	73	Q.	You've got that, okay. We can see in this that you	
12			said that this was an example, that you raised at	
13			meetings your issue with antipsychotics?	
14		Α.	Mmm.	
15	74	Q.	We can see that at page 100, for example under the	12:22
16			heading "Concerns" there, you can see what you say	
17			about the allergic reaction that Alicia had and various	
18			other drugs. Just halfway down page 101, we can see	
19			it's recorded:	
20				12:22
21			"Alicia's mother feels that antipsychotic medication	
22			has had an adverse effect on Alicia and it has taken	
23			time to get back on her feet after the fits and that it	
24			left Alicia looking like someone who has had a stroke."	
25				12:23
26			It is recorded that you advised in July/August this	
27			year that when Alicia was not on any antipsychotic	
28			medication, she was in good form and looked well.	
29				

Т			we can see it you turn over the page to page 103,	
2			there's a heading halfway down there, "Timeline".	
3		Α.	Mm-hmm.	
4	75	Q.	We can see one of the responses that is given. It is	
5			recorded here:	12:23
6				
7			"Dr. H30 agreed that it would be helpful for the team	
8			to go through all notes and compile a clear and full	
9			timeline of all dosages that Alicia has been on and her	
10			reactions to each. Dr. H30 advised that not everything	12:23
11			has been tried. Alicia's mother said that this has	
12			been done before by Dr. H40. Dr. H30 advised that ICU	
13			is a different ward, and environment and proper	
14			timeline of services including positive and negative	
15			effects of medication will be an important part of	12:24
16			their assessment. Alicia's mother stated there have	
17			been no positive effects of medication."	
18				
19		Α.	Right.	
20	76	Q.	So, that example, we can see there that is reference to	12:24
21			an intention to conduct a timeline of medications and	
22			dosages; that in October 2016. Were you aware if that	
23			actually happened?	
24		Α.	I don't think it ever did happen. I do slightly recall	
25			that conversation with Dr	12:24
26	77	Q.	н30?	
27		Α.	Mm-hmm. No.	
28	78	Q.	Is your recollection of the meeting?	
29		Α.	Yes.	

1	79	Q.	But after that meeting, do you ever recall being	
2			contacted to be updated about the review that's	
3			discussed there?	
4		Α.	No.	
5	80	Q.	Okay. We then saw from your statement that Alicia was	12:24
6			then started on Haloperidol?	
7		Α.	Yeah. An old antipsychotic drug is how they described	
8			it, and she had never tried this before. And I still	
9			was resistant in saying, no, I do not want Alicia put	
10			back on any antipsychotics.	12:25
11	81	Q.	We can see that. If you flick over to page 112, we can	
12			see there was a meeting on 18th November 2016?	
13		Α.	Mm-hmm. Yes.	
14	82	Q.	If you turn over the page to 114.	
15		Α.	Yes.	12:25
16	83	Q.	At the final paragraph on that page you'll see	
17			discussion about Haloperidol?	
18		Α.	Where, sorry?	
19	84	Q.	Just in the final paragraph.	
20		Α.	Oh, yes, thanks.	12:25
21	85	Q.	We can see there that Haloperidol was discussed at that	
22			time, and that there's reference to Alicia being	
23			started on a small dose.	
24		Α.	To be clear, Dr. H30 started her on now, I was able	
25			to I was being told that because Alicia was talking	12:26
26			to herself that she was a psychotic. And I said but	
27			that's from when she was put on antipsychotics at the	
28			very, very beginning years ago. She didn't present	
29			talking to herself until she was prescribed	

1			antipsychotics. I said I didn't think that she was	
2			psychotic. I was able to, by the way, take Alicia out	
3			into Antrim area to the hairdressers for four or five	
4			hours, take her out for lunch and all the rest of it.	
5			But she insisted that either I allowed her to treat her	12:27
6			or I could take her home.	
7				
8			She started her on an eyedrop of Haloperidol, which I	
9			think was, again, it gave the power over, the power	
10			over, we're the experts and you'll do what I tell you,	12:27
11			and you can't you can't object whatsoever. That's	
12			the way I felt, and hence she was started on an	
13			eyedrop.	
14	86	Q.	How did she tolerate that?	
15		Α.	Well, I'm sure it didn't affect her one way or the	12:27
16			other and then it slightly increased to 0.5. Which if	
17			you were giving a child 5mg on a teaspoon, say, 0.5 is	
18			a very, very small amount. So in fairness, she said	
19			she would take it slow.	
20				12:28
21			But how did she do on that? It ended up in exactly the	
22			same place as every other antipsychotic had - led	
23			Alicia to grand mal seizures, static epilepsy, nearly	
24			dying, and obviously I would say has done damage to her	
25			brain.	12:28
26	87	Q.	Well, you do say at paragraph 122 of your statement -	
27			you don't need it go back there - but you do say there	
28			that Alicia continued to be on Haloperidol after her	
29			discharge from Muckamore. You refer to her being	

1			admitted to	
2		Α.	2019.	
3	88	Q.	2019, yes. You say that at that time the consultant	
4			neurologist told you that 50% of the patients he	
5			treated, those seizures were related to antipsychotics,	12:29
6			and it was at that stage she was taken off?	
7		Α.	It's a well-known medical fact that if you suffer from	
8			epilepsy and you're given an antipsychotic drug, it	
9			lowers your threshold for epilepsy. So, hence why	
10			Alicia suffered from epilepsy. She never had a grand	12:29
11			mal seizure, she never had static epilepsy, and yet	
12			from the time that she was started on antipsychotics	
13			back away - and I can't remember the year off the top	
14			of my head - Alicia has been in hospital numerous	
15			times, and it has been horrific.	12:29
16	89	Q.	And since she has come off the antipsychotics in 2019	
17			then, has she had any grand mal seizures?	
18		Α.	She has, which I suspect was due to a medication error	
19			which happened in the place she's in now.	
20	90	Q.	Okay. The next topic that I want to move on to that	12:30
21			you refer to being an issue is what you describe as the	
22			mismanagement of transfers. You describe in your	
23			statement the various transfers that Alicia went	
24			through in Muckamore between different wards and, in	
25			particular, there was a move from Cranfield ward to	12:30
26			Killead Ward which you were concerned about. You said	
27			that you felt there should have been a risk assessment	
28			for those moves?	
29		Α.	Of course there should.	

- 91 Q. Were you aware of any preparations for Alicia for any of her moves through the different wards in Muckamore?
- 3 Α. No, there never was. In particular, the move from Cranfield to Killead, I mean how I was informed was, as 4 5 I always did - and by the way I was going up to see 12:30 6 Alicia every other day - but I rang to enquire how she 7 was, how her day had been, and I was told they were 8 making the move. That's how I was informed, on the 9 phone.
- 10 92 Q. You describe in your statement at paragraph 73 lots of incidents actually after the move and whenever she was in Killead Ward. Whenever those sorts of incidents took place, were you informed about them? So, for example, you described patient-on-patient injuries.

12:31

12:31

A. I would have received phone calls to say there'd been an incident, and those incidents. So, one of them was that they said that Alicia had, you know, wandered into the pathway of another patient and the other patient doesn't like anyone in their space, so I presume high spectrum autism, the other patient. Alicia wouldn't have known. And the other patient pushed her and she went flying across the floor and she banged her head, Alicia banged her head.

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Another one was where, apparently, another patient had grabbed Alicia by the hair, pulled her down to the floor, was on top of her and was punching her and hitting her. There was another patient that Alicia was very fond of, but she had bit Alicia on the back of the

Т			nand. Now, Afficia's nand was pure brack and brue, you	
2			can see the teeth marks. I went up to a meeting in	
3			Killead with Laura Waite, and that's when	
4	93	Q.	She's your advocate?	
5		Α.	Yeah. And that's when I heard the patient screaming,	12:32
6			which was horrific, God love whoever it was. I've just	
7			what-do-you-call-it, had a block in my brain, sorry.	
8	94	Q.	You were telling us about going up to a meeting at	
9			Killead.	
10		Α.	I was telling you about the injury. So, you know, I	12:33
11			recall going up because I had spoke to the staff and	
12			said, look, you are going to have to put a 1:1 on the	
13			other patient or put a 1:1 on Alicia because I want her	
14			protected; I am sick of the amount of abuse and	
15			injuries and black and blue marks on my daughter, she	12:33
16			has a right to be protected. Now, I could see the	
17			nurses were under a lot of stress because there wasn't	
18			enough of them. I genuinely remember speaking to - I	
19			can't remember her name - and saying, like, why is	
20			there not more nurses? And she said, you know, we're	12:33
21			under we're saying the same thing, there should be	
22			more nurses.	
23				
24			So, the point being that in a short space of time and	
25			moving to Killead, there had been six or seven	12:33
26			incidents. As I say, I remember giving out about	

95 Q. Did that ever happen? Do you feel that --

or at least the other patient should be 1:1.

27

28

29

Alicia being bit. I said she needed to be protected,

1		Α.	No. They wouldn't have had enough staff and they	
2			openly admitted that they didn't have enough staff.	
3			And then two days later, even though I insisted that	
4			Alicia needed to be protected, she was bit again.	
5			That's when I went up to the meeting. I can't remember	12:34
6			the name of the nurse but I recall her saying do you	
7			want to take this further? And I says I did, as in I	
8			thought they were going to take it forward and go	
9			through a safeguarding process, although that's not	
10			I didn't know that process at the time. I thought they	12:34
11			were going to do something and they took it that I	
12			wanted to report the other patient to the police. And	
13			it was reported to the police, and then when I realised	
14			it was reported to the police, I said but I wouldn't	
15			take, you know the person that bit Alicia, I	12:35
16			wouldn't feel that they were responsible. What I feel	
17			is that the hospital was responsible and had a	
18			responsibility to protect Alicia.	
19	96	Q.	And did that safeguarding referral that you	
20		Α.	It never happened.	12:35
21	97	Q.	thought would take place happen?	
22		Α.	Nothing.	
23	98	Q.	Did you ever get an explanation as to why that didn't	
24			happen?	
25		Α.	No.	12:35
26	99	Q.	You referred to meetings, the meeting that you went to	
27			in Killead and we've seen the other meetings you went	
28			to. Whenever Alicia was in Muckamore, did you have a	

named contact person that you could contact if you had

Τ			concerns?	
2		Α.	What I would now know as a key worker?	
3	100	Q.	Yes.	
4		Α.	No.	
5	101	Q.	The other issue that you raised that you had concerns	12:35
6			about was seclusion, so I want to ask you a little bit	
7			about that now. You've already heard me read out in	
8			your statement what you said Alicia told you about	
9			seclusion?	
10		Α.	Mm-hmm.	12:36
11	102	Q.	And that she was really scared and was crying and she	
12			described it as being	
13		Α.	Put in jail.	
14	103	Q.	But you then also describe how you viewed the seclusion	
15			room. Can you remember when roughly in time it was	12:36
16			when you viewed that?	
17		Α.	So, it would have been before 6th when was that	
18			RQIA? When I raised a concern to the RQIA in PICU, the	
19			December, was it?	
20	104	Q.	December, yes.	12:36
21		Α.	So, it would have been	
22	105	Q.	That was 2016?	
23		Α.	Yeah. So, it would have been a couple of weeks, maybe	
24			one or two weeks before that that I viewed the	
25			seclusion room.	12:36
26	106	Q.	One of the things you described was pressing the buzzer	
27			and it not working, and you said that you made a	
28			complaint to the Belfast Trust about that. I just	
29			wanted to turn to one of your exhibits then again at	

1			page 47. This is a letter from the Belfast Trust. If	
2			page 47 could come up on the screen, please.	
3			CHAIRPERSON: You mentioned 16 earlier, not 18?	
4			MS. KILEY: No, 2016 was actually, I think, when the	
5			witness she said she reviewed this, but we can see the	12:3
6			letter as 2018 and there is reference to a complaint in	
7			2017.	
8			CHAIRPERSON: Oh, I see.	
9	107	Q.	MS. KILEY: Can you see that in front of you,	
10			Catherine?	12:3
11		Α.	Yes. So that's referring to the complaints that I made	
12			against the RQIA.	
13	108	Q.	Yes.	
14		Α.	For not doing their job properly.	
15	109	Q.	Yes.	12:3
16		Α.	And that they never even though I had raised the	
17			concerns with the RQIA between 6th and 8th December	
18			2016, and that I had asked had they seen the seclusion	
19			room, I didn't get a reply. I then said I have seen	
20			the seclusion room and somebody needs to do something	12:3
21			about it. I had, what do you call it, said that Alicia	
22			had explained that she was frightened, she was scared	
23			and they put her in jail. And I said that the	
24			seclusion room was not fit for purpose.	

25 110 Q. Yes.

12:38

- A. And somebody needs to do something about it, and what I meant by that was somebody needed to shut it down immediately.
- 29 111 Q. Was that something that you raised formally? Was that

1			through a formal complaints process, because we can see	
2			you have got a response here in January 2018 from H411.	
3			So, was there an earlier complaints process relating to	
4			this with the Belfast Trust?	
5		Α.	I could well have done, and I do recognise that	12:39
6			person's name. I could have well have done.	
7	112	Q.	Okay.	
8		Α.	But to be truthful, I can't that person's the	
9			safeguarding officer.	
10	113	Q.	Yes.	12:39
11		Α.	Yeah.	
12	114	Q.	Okay. H411.	
13		Α.	So, which was she aware of the seclusion room?	
14	115	Q.	If you look at page 47 there, you'll see H411's title	
15			is the Operations Manager?	12:39
16		Α.	Oh right, yes.	
17	116	Q.	So, just looking at this letter, you can see that it's	
18			a response from the Operations Manager, and it's	
19			referring to issues which you raised at the hospital.	
20			Halfway down, you can see one of them is, "Seclusion	12:39
21			room."	
22				
23			Do you see that?	
24		Α.	Yes.	
25	117	Q.	It says: "This is being looked at and it is hoped that	12:39
26			changes can be made."	
27				
28			The next line is:	

			Al al III The Sect us of From - the ward manager has assured	
2			me that this alarm is now checked each time someone was	
3			in seclusion, and a staff member remains outside the	
4			room as per the seclusion policy."	
5				12:40
6			The next section is:	
7				
8			"Interlock system - it is reported that this is not	
9			required in the seclusion room as there is always a	
10			member of staff outside the room when the patient is in	12:40
11			it to accompany them into the evacuation point."	
12				
13		Α.	I do recall some of the conversation because what is	
14			popping into my head is I remember thinking to myself a	
15			fire hazard, what happens if there is a fire, health	12:40
16			and safety? So yeah, I can't remember the whole	
17			conversation.	
18	118	Q.	We can see that you raised these issues with the	
19			Belfast Trust, and this was the response to them?	
20		Α.	Mmm.	12:40
21	119	Q.	I'm just wondering whether, after this letter from	
22			H411, you ever heard anything more from the Belfast	
23			Trust about the seclusion room or the concerns that	
24			you'd raised in respect of it?	
25		Α.	No, and I didn't actually expect that they would ever	12:40
26			do anything because, after all, they'd never listened	
27			to Alicia when she was trying to say about the harm	
28			that she was enduring. They never listened to me. And	
29			I didn't have any trust in them whatsoever that they	

Τ			would actually take on board and do something about it.	
2				
3			So, I think that was in or around the time, in my mind	
4			that I decided, you know, I'm getting nowhere with	
5			these people. I decided then I needed to sort of go	12:41
6			outside the inner circle and start raising concerns	
7			because, to be honest, I thought - and I think - they	
8			were all working in cahoots because I can't comprehend	
9			to this day how they didn't take any of what I had said	
10			seriously.	12:41
11	120	Q.	We can see that you have made various complaints also	
12			to the RQIA about those issues, and you provided those	
13			exhibits. They run from page 64 onwards to the end of	
14			your exhibits. I'm not going to ask you to go through	
15			all of those, the Panel has those.	12:42
16				
17			The final issue that I wanted to ask you about was just	
18			Alicia's discharge because, after that long period, she	
19			was discharged on 13th August 2018. You refer to her	
20			being on a period of delayed discharge before that.	12:42
21			One of the things you said about that was that you felt	
22			that Alicia couldn't see a proper pathway out of	
23			Muckamore, and you referred to what you described as	
24			the impact of hope.	
25		Α.	Mmm.	12:42
26	121	Q.	Can you say a little bit more about how the delayed	
27			discharge from Muckamore affected Alicia?	
28		Α.	Profoundly. Because, God love her, she was constantly	
29			asking me 'When am I getting home, when am I getting	

Τ			nome'? Now, by this stage Alicia had been	
2			institutionalised. She had picked up on learned	
3			behaviours, you know. I realised that she would need a	
4			lot of support in the community. I did ask for that.	
5			I was more than willing to take Alicia home. I was	12:43
6			more than I never, to be truthful, envisaged Alicia	
7			would be living anywhere else, only with me. That two	
8			years put a nail in it. That further time destroyed	
9			her, unfortunately.	
10	122	Q.	You were saying you were asking for her to come home to	12:43
11			you. Were you ever told why that wasn't possible?	
12		Α.	Well, they said that there was a younger child in the	
13			house and due to Alicia's behaviour. And I said but	
14			Alicia's never done any child any harm, so what grounds	
15			would they have been basing that on? I don't know why.	12:43
16			I mean, it would have been the perfect answer because	
17			Alicia would have been happy, I would have been happy.	
18			If they had have put in the proper support and a day	
19			centre and things like that, it could have been done.	
20			I don't honestly understand why they couldn't have done	12:44
21			it, unless it cost too much money and that's the only	
22			thing I can think of, you know. In order to get Alicia	
23			out of Muckamore, even though it is not what I wanted,	
24			I agreed to the only way to get her out was to let	
25			her come out and live in the community.	12:44
26	123	Q.	Okay. Catherine, those are all the questions that I	
27			have for you.	
28				

I know you want the Panel to look at some photos that

- 1 you provided of Alicia, so I think we can bring those
- 2 up on the screen now. You provided two photographs.
- You should see the first one; can you see it in front

12 · 45

12:45

12:45

12 · 46

- 4 of you there? Can you describe when that was taken?
- 5 A. I can't remember, to be honest.
- 6 124 Q. Okay.
- 7 A. I think it might have been when she -- because when
- 8 Alicia was in Muckamore, I mean she went away on
- 9 holiday, she came home a lot of the time, at Christmas
- we went to Fermanagh, you know, for a week; she came
- along with us. I can't remember, I'm sorry, when that
- 12 photograph was taken.
- 13 125 Q. Well, can we go to the next one because I know this is
- 14 a photograph that you particularly like of Alicia. So
- if we can bring the next photo up, please. We can see
- her there all dressed up, it looks like. What she's
- 17 doing that there?
- 18 A. That was their formal.
- 19 126 Q. And that's you in the photo with her, is it?
- 20 A. It is. God bless. Isn't she beautiful?
- 21 127 Q. She is, and she looks very like you, I think, in that
- photo.
- 23 A. Thanks.
- 24 128 Q. That's her school formal, is it?
- 25 A. Yes.
- 26 129 Q. So, back whenever she was about 16 or 17, would that
- 27 be?
- A. No, I think she might have been 18 or 19.
- 29 130 Q. Okay. Okay. That's how you would like the Panel to

1			think of Alicia; isn't that right?	
2		Α.	(No response).	
3			MS. KILEY: Catherine, I know you want to take a little	
4			break to have a think about the evidence you have	
5			given. It may be that it is appropriate to take the	12:46
6			lunch break, then.	
7			CHAIRPERSON: Of course. I know you want to talk to	
8			us, as it were. We have got another witness later but	
9			we're not obviously we're not in any rush. Will you be	
10			ready in about 45 minutes? Would that be long enough	12:46
11			for you?	
12			THE WITNESS: That is fine.	
13			CHAIRPERSON: I know lunch is being brought in for you	
14			so we can look after you.	
15				12:47
16			We will try to sit again at half past one. I know we	
17			have quite a bit to do this afternoon. Thank you very	
18			much.	
19				
20			THE INQUIRY ADJOURNED FOR LUNCH AND CONTINUED AS	12:47
21			FOLLOWS:	
22				
23			P109'S MOTHER WAS QUESTIONED BY THE INQUIRY PANEL AS	
24			FOLLOWS:	
25				13:38
26	131	Q.	CHAIRPERSON: Is this right, that it would be easier	
27			for you if we asked you our questions first?	
28		Α.	Yes, please.	
29			CHAIRPERSON: I don't think my colleagues	

- 1 PROF. MURPHY: NO, I think Denise's questions were very
- thorough. I don't have any further questions for you.
- 3 DR. MAXWELL: I have no guestions.
- 4 132 Q. CHAIRPERSON: Just a couple of questions that I want to
- 5 ask. When you took your daughter home, as you did on

13:39

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- 6 occasions, for sort of three or four days she would
- 7 come home --
- 8 A. Mmm.
- 9 133 Q. -- were you given PRN to administer, if needed?
- 10 A. Yes.
- 11 134 Q. Because I think I've seen that in some of the notes.
- 12 A. Yeah.
- 13 135 Q. Do you have ever have to use it?
- 14 A. I'm sure there might have been the odd occasion but I
- 15 wouldn't have been -- I'd have tried everything else
- 16 before I would have went to that.
- 17 136 Q. I understand that, I just want to know occasionally you
- got to a point where you might actually have to use it?
- 19 A. Yeah. It was a rare occasion.
- 20 137 Q. I understand. All right. Would that be because she
- 21 was getting out of hand or a bit violent, or what?
- 22 A. Sorry, I'm going to have to think. It would have
- been -- no, it would have been, to be truthful, maybe
- her saying something like she wanted to go out and me
- trying to say, you know, you can't go out.
- 26 138 Q. Okay.
- 27 A. And then I could see the agitation building because,
- from Alicia's perspective, she just thought I should be
- able to go out to the shop. And then as a preventative

- 1 from it escalating.
- 2 139 O. You knew that that could come?
- 3 A. I knew the triggers.
- 4 140 Q. You spoken about when you did make complaints to the
- 5 Trust, and we have seen the notes, that you didn't

13:41

13:41

13 · 41

- 6 really feel that you were listened to, or nothing
- 7 changed as a result of what you were saying?
- 8 A. No, I didn't think it was being taken serious. It was
- 9 like --
- 10 141 Q. Okay. You've obviously got an advocate now and you've
- 11 had an advocate, is it Laura?
- 12 A. Now it's Stephanie, yes.
- 13 142 Q. Stephanie?
- 14 A. And very good she is.
- 15 143 Q. You did have an advocate before as well. Did you find
- that the advocate was effective, and how were they
- 17 used?
- 18 A. In hindsight, I wonder although she was a brilliant
- 19 girl and a lovely girl but did she understand the
- 20 process? Was she aware of how it worked? Do you know
- 21 what I'm saying? She should have been able to inform
- me, you know, there is a safeguarding process, there is
- a complaints process, you know. And she did help me
- 24 with regard to, you know, advising me to phone the
- 25 likes of Musgrave Complaints Department.
- 26 144 Q. Yeah.
- 27 A. But nobody ever advised me that the process that should
- have happened was the safeguarding.
- 29 145 Q. Can you remember when that advocate came into the

2			beginning or not?	
3		Α.	No. And I can't even recall how it came about, if I'm	
4			being truthful, but I would say Alicia was in the	
5			seclusion room, I think was it late 2015 or 2016? So	13:42
6			sometime before Alicia went into PICU, Laura	
7	146	Q.	She was present?	
8		Α.	Yeah.	
9	147	Q.	All right. Okay.	
10		Α.	And she was very helpful, to be honest. But again, I	13:42
11			suppose in hindsight, she should have known the	
12			process.	
13	148	Q.	But your feeling was even with an advocate, you weren't	
14			actually managing to make the changes you wanted to	
15			make?	13:43
16		Α.	No, but then I wouldn't have expected her to change it.	
17			I would have expected the professionals within the	
18			hospital.	
19	149	Q.	Yes, sure. No, I understand that. All right. Okay.	
20			What do you want to tell us?	13:43
21		Α.	So, you know, I hope I have portrayed to you how much	
22			Alicia suffered in Muckamore, you know, what she	
23			witnessed, traumatic events. I'll give you an example.	
24			When she was in Cranfield, the second admission, I	
25			recall her telling me that another patient, I presume,	13:43
26			had put a big pane of glass had broken and the glass	
27			all coming in round her and others, and Alicia saying	
28			that, you know, she was crying, she was really	
29			frightened.	

picture? Did you have an advocate from the very

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2	I do recall being at a meeting sometime shortly after	
3	Alicia had told me that, and I had asked had they any	
4	psychology input, obviously Alicia had been	
5	traumatised, you know. The doctor, H40, and the nurse	13:44
6	that was at that, they listened but they never done	
7	that. The point I'm making is that experience - and it	
8	did happen again on another ward, believe it or not -	
9	but that experience, the flashbacks that Alicia has	
10	now. So, the place where Alicia is now, you know,	13:44
11	there was a window and it was broken and Alicia was	
12	going into flashbacks and she was reliving it and	
13	saying, oh, somebody needs to do something about that	
14	window, that glass could break and come in round me.	
15	So, clearly it had a very profound traumatic effect on	13:45
16	her.	
17		
18	You know, being attacked by other patients; while I	
19	understand they're not well and they're not held	
20	responsible. Indeed, I often wonder all of those	13:45
21	bruises and all of those marks, was it patients,	
22	because I only have the word of the people that were	
23	apparently supposed to be looking after her.	
24		
25	You know, Alicia, how she suffered, she does have	13:45
26	flashbacks and she goes into this state where and	
27	she'll start mentioning maybe patients' names or maybe	

staff names and it's --

29 150 Q. Is she getting any psychological support now?

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A. Now. But then that would have been my thought from the very beginning when the abuse or the allegations of abuse, why wasn't there, you know. And she clearly needs it. There was, I think, psychology input from within the community.

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I'd like to get across to you how much she suffered because these flashbacks, you know, she still hits out. I think she goes into fight or flight. When this comes over her and she's in a flashback, she sometimes can 13:46 think other people are people that were in Muckamore if they even resemble, you know. For example, where she is there's a bus and it's quite small at the back so, Alicia's being put in the back. She doesn't like I'm in no doubt in my mind, it's the 13:47 claustrophobia -- it's the seclusion room she's recalling. And it is soul-destroying, to be honest with you, to see, as I say, how capable she was. And considering that she went into Muckamore suffering from a traumatic event and then to be retraumatised over and 13:47 over and over again, as I say, it's cruel.

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As I say, she's suffering profoundly and, as you know, you know all her medical conditions, but she is an amazing woman, she really is and I love her to bits, and I am very, very proud of her. She's a fighter. She's a survivor. As I said in my statement, I hope to God she survives this kidney transplant because it is a bit complicated with regard to her other medical needs.

29

152

Q.

Bear with me, and please do and I'll try to be as quick as I can.

4 151 Q. Just take your time.

5 Okay, thanks. You know, the seclusion room, I've all Α. 13:48 these questions, I don't know if I'll ever get any 6 7 But honestly, I cannot comprehend how 8 consultant psychiatrists, social workers, safeguarding 9 officers, the RQIA, senior nurses, nurses, indeed how any other person could have ever deemed that it was fit 13:49 10 11 for purpose. It could only conjure up - and I've seen it - fear and punishment. It was cruelty and I'd 12 13 actually say it was torture. No light coming in, so 14 small, nowhere to urinate, nowhere to go to the toilet, You know, whenever I went in 13:49 15 you know. It haunts me. 16 and the brown leather chair, believe it or not if I see a leather chair like it, it automatically triggers it 17 18 for me, and I often think but what was it like for 19 Alicia. You know, she must have been terrified and 20 felt as if she'd been totally abandoned. I'm in no 13:49 21 doubt it has had a profound, long-term effect on 22 Alicia. As I say, I can't understand how anybody could 23 have ever deemed it fit for purpose. I really can't. 24 I mean, if it had have been a larger room, therapeutic 25 with light coming in where there was a toilet, music, 13:50 26 you know, somewhere where they get reassured, you know, 27 a deescalation room, I could have accepted. It was 28 nothing like that.

If it gives you any comfort, we have been told the

1	seclusion	room	is	no	longer	used.

- 2 Oh I know, and it only happened after I spoke to Nolan Α. 3 Show, that's when it got closed down. Yet I raised the concern, I believe in late 2015 or 2016. I reached out to the RQIA. Honestly, I told that girl that day --13:50 and I did explain what Alicia had said to me, she was scared, she was frightened, she was crying. And again, why in the name of God did she not do something about it?
- 10 We have got that. 153 okay. Q.

11 So, I'd like answers as to why it was seen as a good Α. 12 practice. Could a consultant psychiatrist and all 13 these professionals not recognise that by putting any person in there would have long-term effects? 14 15 was that supposed to help them, with the trauma and the 13:51 16 issues that they had?

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I believe there needs to be an independent regulator that's not affiliated to the Department of Health, because nothing will ever convince me that when I 13:51 reached out to the RQIA and it was supposed to be an unannounced inspection and it wasn't, they knew they were coming. Then when they went up, they spoke to management, they spoke to consultants, they spoke to senior nurses, they spoke to apparently some patients; 13:52 they failed to speak to my daughter; they failed to come back and speak to me. I personally feel they from cosying up to each other. They all work for the Department of Health so from my perspective there's a

conflict of interest. They're not independent.

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They failed to listen to me and Alicia over and over and over again. I do not accept, I do not accept that the people that worked within Muckamore did not know 13:52 that Muckamore was an unsafe environment. accept that because I, on numerous occasions, raised the concerns myself, was completely ignored, and to me they were protecting themselves. They weren't protecting my daughter or others. That's why I feel 13:53 strongly there needs to be an independent regulator that's not affiliated to them because certainly the RQIA are not independent and they have failed my daughter. The professionals, consultants, and social workers, they all failed my daughter, and for my 13:53 opinion they're all complicit in what happened at Muckamore and what happened to my daughter.

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The safeguarding process within Muckamore was clearly -- it was a bad practice. The safeguarding practice within the community is just the same today as it was back then. The safeguarding is not fit for purpose because currently, without getting into detail, I've got grave concerns about unexplained bruising where my daughter currently resides. I reported that on 6th June. Now we're 21st September and it hasn't gone beyond an APP1. I find that quite alarming with all the information that we now know about Muckamore and unexplained bruising, not once but twice. In my

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opinion it should be paramount and it should be investigated and processed, and I should be involved in that process, and I should get the outcome, an APP8.

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I'm currently waiting on the outcome and conclusion of 13:55 a safeguarding investigation as far back as 2021/2022. So, nothing's changed from Muckamore. And Muckamore will happen again; it may not happen on as big a scale. I would be in no doubt that it's happening here today, and I'm in no doubt it will happen again on a smaller 13:55 basis because the safeguarding process is not fit for I actually don't believe that a lot of people that are employed by the Department of Health understand or know the process themselves, I really don't. 13:55

16 17

Sorry, I'm going on and I'll move on as quick as I can.

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In 2021, in around December, Alicia had the Covid - and it is relevant to Muckamore - and she was on a life Thank God she survived. support machine. aftermath, they would have given her a CT scan to see her kidneys. At a further date, after she was discharged and speaking to a nurse, she informed me that they had given Alicia a CT scan of her kidneys and 13:56 she said they had detected an old injury of a fractured vertebrae. I said to the nurse, no, you must be wrong, would you just check that in ECR again, which she did. She said, no, definitely, they detected an old injury

13:56

1	of a fractured vertebrae, but I said I'm her mother and	
2	I never have been made aware of that. Now, I wonder	
3	where that happened? I don't know. I understand that	
4	the Panel and the public inquiry might never find that	
5	but I would like to know, or at least to try to be	13:5
6	established where she obtained that injury.	
7		
8	Currently within Muckamore they never progressed	
9	Alicia's abilities; I think they regressed her. But	
10	even currently in the community today, I don't think	13:5
11	that there's enough activities and enough things to	
12	stimulate her. I do believe that she possesses the	
13	ability to do so, because at the beginning of the Covid	
14	and she was home with me for over a month, her younger	
15	sister taught her how to use the iPad and she's	13:5
16	retained that and is able to do so.	
17		
18	I'll never give up on Alicia. I always will feel that,	
19	you know, she can learn more, and I do believe that she	
20	deserves to be given as much support as she should be	13:5
21	given.	
22		
23	I do think that's it; I'm sure you're glad. Have I	
24	missed anything?	
25	CHAIRPERSON: Can I just say this, I know you're part	13:5
26	of AFM and I know that you're one of those who fought	
27	very hard for this public inquiry, and many years on	
28	here we are. You have now helped us by giving evidence	

and telling us about Alicia. It's obvious also from

1	your evidence that you have fought, continuously, on	
2	behalf of your daughter to try to get her better care,	
3	and it certainly sounds to me as if you couldn't	
4	possibly have done more than you've done.	
5		13:59
6	So, I want to thank you on behalf of the Panel. If you	
7	do have further thoughts - and I'm sure you will almost	
8	as soon as you walk out the door - you are still to	
9	take an active part in this Inquiry. You are a Core	
10	Participant, and you can feed questions through your	13:59
11	lawyers for other witnesses and you can put forward	
12	your thoughts and we will receive them.	
13	THE WITNESS: Thank you very much.	
14	CHAIRPERSON: In the meantime, can I thank you very	
15	much for coming along and assisting us by giving	13:59
16	evidence.	
17	THE WITNESS: Thank you.	
18	MS. KILEY: Chair, there is the remaining matter.	
19	CHAIRPERSON: Is there any need, in fact, to deal with	
20	that orally. We have got it, it's in the statement,	13:59
21	we've read it.	
22	MS. KILEY: Well, the Restriction Order has now been	
23	made, which you made this morning, so it might be	
24	desirable as a matter of completeness to read that in.	
25	I have no questions that I intend to explore on it, but	14:00
26	they are sections of the statement that haven't been	
27	read.	
28	CHAIRPERSON: Yes. Okay. Technically there is a	
29	reason to do it because a restriction order is	

1	temporary, and if at some stage it gets lifted, then	
2	there needs to be a record of that material, I suppose.	
3	MS. KILEY: Yes. Without it, there will be gaps in the	
4	evidence that are unexplained perhaps.	
5	CHAIRPERSON: Okay.	14:00
6	MS. KILEY: We do, I think, need to take a very short	
7	break just to allow the IT staff to move over - and our	
8	transcript - to move over to a restricted transcript.	
9	THE SECRETARY: I think we have an issue with the	
10	speaker.	14:00
11	CHAIRPERSON: Should we take five minutes and get back	
12	in as soon as we can?	
13		
14	You know there's that restricted part of your evidence	
15	we're going to deal with shortly and then we'll be	14:01
16	done. We'll just take a quick five-minute break.	
17	THE WITNESS: Okay, no problem. Dead on.	
18		
19	THE INQUIRY ADJOURNED TO GO INTO PRIVATE SESSION	
20		14:01
21	THE INQUIRY CONTINUED IN PUBLIC SESSION AS FOLLOWS:	
22		
23	CHAIRPERSON: Thank you very much. Right.	
24	MR. McEVOY: Good afternoon, Chair, good afternoon,	
25	panel. The next witness is the brother of P57.	14:44
26	CHAI RPERSON: Thank you.	
27	MR. McEVOY: For everyone's reference, his statement is	
28	157.	

1			P57'S BROTHER WAS THEN SWORN	
2				
3			CHAIRPERSON: Can I just ask you to pause for one	
4			second. Welcome to the Inquiry, first of all. Thank	
5			you very much for coming along to assist us. Sorry to	14:45
6			ask you to pause. Okay. Yes, Mr. McEvoy.	
7			MR. McEVOY: Thank you, Chair.	
8				
9			P57'S BROTHER WAS DIRECTLY EXAMINED BY MR. McEVOY AS	
10			FOLLOWS:	14:46
11				
12	154	Q.	MR. McEVOY: Good afternoon, P57's brother. Before you	
13			is hopefully a statement dated 13th September 2023. Do	
14			you recognise that statement as being your statement	
15			prepared for the Inquiry?	14:46
16		Α.	I do, yes.	
17	155	Q.	Do you want to then adopt that statement as the basis	
18			of your evidence to the Inquiry?	
19		Α.	I do, yes.	
20	156	Q.	I'm going to read it out into the Inquiry's record. At	14:46
21			the conclusion then I have one or two questions, and	
22			then the Inquiry itself may have a number of questions	
23			for you.	
24				
25			"I, P57's brother, make the following statement for the	14:46
26			purpose of the Muckamore Abbey Hospital Inquiry."	
27				
28			You tell us that you are going to exhibit a number of	
29			documents in number fashion.	

"My connection with Muckamore is that I am a relative of a former patient of Muckamore. I was also present in Muckamore during 2008 as a support worker employed by Positive Futures.

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The relevant time period that I can speak about is 1992 to 2010. My brother, P57, was born on 7th April 1980. He was in Muckamore for approximately 18 years from in or about 1992, when he was 12 years old, to 2010 when he was 30 years old. Whilst in Muckamore, P57 spent time in PICU. My parents raised concerns about P57's length of stay in Muckamore, and they were interviewed by the media regarding their concerns. P57 is now living at home with our parents. My mother provided a statement to the Inquiry dated 5th October 2022 outlining her concerns with regards to P57.

My statement relates to my time spent in Muckamore in 2008 as a support worker employed by Positive Futures. I worked with Positive Futures for about three and a half years, and I am now a trade union official with the Staff and Workers Association, whose members including healthcare workers. I am also a volunteer caseworker for the Social Care Association (formerly known as Care Home Advice and Support NI), and a volunteer caseworker in assisting those loved ones who have been in or are still in Muckamore. I attach a one-page profile of the organisation at Exhibit 1.

2 3 4 Prior to my employment with Positive Futures in 2008 I did not know anything about the Health Service. The only awareness I had of Muckamore was due to my brother P57's admission and attending visits with my family.

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I trained for approximately six months to be a support worker. This training took place at Trinity Methodist Church in Lisburn, delivered in lecture style with managers speaking to trainees. At least half of my training was conducted in Muckamore in 2008. I feel the training provided to me was wholly inadequate,

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The training provided was perfunctory and did not properly prepare us for the on-the-job training in 14:49 Muckamore. It did not equip us with the skills we needed to deal with the reality of caring in the supported living environment for some very vulnerable adults, some of whom were institutionalised and quite unprepared for supported living. Others had ingrained 14:49 extremely challenging behaviour and at least one of them had a very serious medical condition. largely trained in health and safety and deescalation, as well as being given a brief introduction to human I was also given pen pictures of the patients 14:50 who were to discharged and placed in a supported living facility", which you name in Lisburn.

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"In relation to aggressive behaviour, we were taught

not to use seclusion as that was something deployed in Muckamore. It was contrary to the Positive Futures' ethos, which was that the facility was the resident's home. We had to manage the situation using the deescalation techniques that we had been trained in.

The difficulty was that our training did not prepare us for the type of behaviour we had to manage. Our challenging behaviour training involved the manager impersonating someone with a learning disability, putting a Mars Bar in his mouth pretending it was faeces, and then running around the corridor. It was bizarre and useless.

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We were never taught restraint techniques and it was explained that this went against the whole ethos of 14:51 what we were supposed to be doing. Restraint was regarded as a bad word that should not be mentioned. The approach was all about persuasion and deescalation. I had no idea that I might have residents whose conduct was so challenging that some form of appropriate 14:51 restraint technique would be helpful to prevent the resident injuring themselves or staff. We were also not taught about how to appropriately deal with the resident's personal hygiene effectively whilst also preserving their dignity as that was not supposed to be 14:51 part of our job.

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I was not provided with any detailed life story, a risk assessment, or a care plan. This would have been

helpful and it would also have been useful to have been provided with any policies and procedures to govern the resettlement process, although I am not sure that there were any at that time.

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At the time I was employed by Positive Futures, they had a contract with the South Eastern Health and Social Care Trust to provide 24/7 supportive care to those in a facility in Lisburn. That facility is a cluster of four houses in which up to ten adults with a learning disability live with support from Positive Futures staff. All those in the facility are tenants renting their accommodation from Triangle Housing Association. The domiciliary care facilities are provided by Positive Futures that has been commissioned by the SEHSC, or the Northern Health and Social Care Trust as the case may be. The tenants had all moved from the facility from long hospital placements where they had

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I believed it was my job to integrate people back into the community. I understood the difference between those with learning disabilities who are in supported living and those who are in a residential care home. So far as I was advised when I was employed, my role was to assist and support patients being discharged from Muckamore to the facility to live independently. I understood that would involve helping them prepare their meals, do their laundry, get out into the

been living for some time.

1	community, perhaps ensure they remembered to take their	
2	medication and switched off appliances. I understood	
3	my role was generally to support them to live as	
4	i ndependently as possible.	
5		14:53
6	I would not have expected that my role would involve	
7	taking care of personal hygiene. I expected this would	
8	be something that the individuals would be able to do	
9	for themselves if they were eligible for supported	
10	living. I also did not believe it involved being a	14:53
11	cleaner, as opposed to showing and helping them carry	
12	out those tasks themselves.	
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14	The other people I trained with came from all walks of	
15	life. As far as I know, not many had any prior	14:54
16	experience in healthcare. I understood that we were	
17	all being trained to the standard that the SEHSCT	
18	required and had set for Positive Futures. We were	
19	informed that we would be learning more about the	
20	residents on the job in Muckamore. I understood that	14:54
21	the job would involve shadowing the Muckamore staff to	
22	see how the patients' care was managed whilst generally	
23	getting to know them so that we could assist the	
24	transfer to the facility.	
25		14:54
26	After roughly three months' training by Positive	
27	Futures, we were put straight into Muckamore. We were	
28	given a tour of the site before starting. I can recall	

the seclusion room and PICU during the tour of

Muckamore. We were then put straight on to the ward.

I only worked on one ward known either as Conicar or
Six Mile. It was a big, open plan all-male ward.

There were some single rooms for patients but mainly it was dormitory style where five or six shared.

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There was no proper introduction for us when we got onto the ward in Muckamore, although I think that one of the managers of Positive Futures may have been there on the first day. There were generally three of us from Positive Futures working on each shift. We were to follow the shift patterns of Muckamore staff. I understood my role was to simply observe and shadow the Muckamore staff.

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My initial impression of Muckamore was horrible. The first couple of days at Muckamore were at times terrifying. I could sense a general standoffish atmosphere from both staff and patients. The staff did not inform us about the patient personalities or likes 14:56 and dislikes. I recall about seven or eight patients on that ward had severe learning disabilities. first impression that was Muckamore was very much an The staff did not seem to like the institution. Positive Futures staff being there. They looked at us 14:56 as if we had not got a clue of what was in front of us, and they were right. There was no camaraderie between the Muckamore staff and those from Positive Futures, just as a sense of mistrust.

During my time on the ward, I observed almost no interaction between staff and patients. I dreaded going back the second day there. In fact, I dreaded it the whole time I was there. I know that the others from Positive Futures felt the same. I recall that one girl disappeared because she could not cope. The staff at Muckamore appeared to be observers rather than carers or nurses.

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manager.

Whilst I was aware that my purpose was to get to know the patients who would be transitioning into the community, we were given no proper guidance on what to do to assist this. I recall some of the patients seemed attached to staff members and would just follow them around. It was difficult to try and sit and communicate with them. No staff member took a patient and tried to introduce them to me. They did not include me in anything with the patients and I didn't build up any relationship with any staff member or

In my opinion, most patients at Muckamore should not have been there. It seemed the patients were just bored out of their minds. There was very little to do and although there was a TV, it was rarely on and, if it was, it seemed it was on a channel for staff. I recall one patient who liked to watch cowboy movies and I would sit with him sometimes. There was a swing and

I don't remember any specific names.

a seesaw outside but it was rusty and never used. I attempted to play football with some patients, but this lasted no more than ten minutes as the patients got tired. There was a smoking room at the bottom where patients would go for a smoke, and I would sometimes go 14:58 there with them.

I never seen any activities or outings. I recall on occasion one patient may have been taken out on a Sunday and one or two possibly went to day care. I 14:58 recall there was a church services on a Sunday and the Catholic service was held at the top of the room and the Protestant service was held at the bottom. I observed next to no stimulation on the ward. I have no idea what any of the patients would wake up and look 14:59 forward to in the morning. The ward was dreary and uninviting.

The most concerning thing I can recall was morning time on the ward. It was like a scene from Annie. There
would be several patients' personal care being dealt
with altogether. Seven or eight patients would all be brought to the bathrooms at the same time. Typically there would be only three or four Muckamore staff.

Some of these patients, at least two or three, could do 14:59 some of their personal care themselves but the rest could not. There would be one at the sink having their teeth brushed, one in the shower and one getting dried.

The rest would be unattended. At least four patients

1	would have been naked at the same time, others might	
2	have had a towel. There was a loss of dignity, or no	
3	attempt to preserve their dignity.	
4		
5	There was also an open plan bedroom and patients would	15:0
6	sometimes wander around from the bathroom in a state of	
7	undress. The staff were almost robotic and regimental.	
8	The whole thing was institutionalised.	
9		
10	I did not receive any specific trainings in relation to	15:0
11	personal hygiene or, if tasked, how to preserve dignity	
12	whilst doing so.	
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14	I did not see assaults or rough handling by staff of	
15	patients, but I do not think the staff treated patients 1	15:0
16	with respect. The patients were largely compliant.	
17	Some of these patients had been in Muckamore for very	
18	many years. There was one man who had a bedroom by	
19	himself. He had nothing in his bedroom but a mattress	
20	on the floor. He allegedly threw everything out of his	15:0
21	room. I saw no attempt from staff to find out what	
22	might be the reason for this. In general, I was not	
23	aware of anyone trying to find out the reason for the	
24	patient's behaviour. Some patients seemed to be	
25	constantly wandering around the communal areas.	15:0
26	Another would wet himself in the communal area,	
27	standing there with his trousers around his ankles.	
28		

My role also involved working nightshifts at Muckamore.

1	I was provided with a sleeping bag to sleep on the	
2	sofas in the communal areas. The patients were in bed	
3	from about 9:00 p.m./9:30 p.m. After around	
4	approximately 11 p.m. the Muckamore staff seemed to	
5	disappear, I am not sure where to. Patients would have	15:01
6	been administered medication to help with sleeping or	
7	nighttime anxiety. One man, who was subsequently	
8	discharged to supported living in the community, had	
9	been administered Diazepam daily for seven years.	
10		15:01
11	There was a lot of violence between patients."	
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13	CHAIRPERSON: That should be "several years."	
14	MR. McEVOY: Several years.	
15		15:02
16	"At times there would have been comments by some of the	
17	staff about putting a patient", who you name, "who was	
18	a bit of a scrapper in between other patients who were	
19	fighting. I understood this to mean that that patient	
20	would be called upon to physically intervene (using	15:02
21	violence) to break up a fight. I never observed this	
22	practi ce.	
23		
24	Nothing had prepared me for the challenging behaviours	
25	I would be tasked to deal with. I had seen some of it	15:02
26	when visiting my brother, P57, but I know the others	
27	had no experience of it.	
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29	I did not complain about what I had seen at this time.	

I was not sure how to, although I did talk about the issues to some people and the other Positive Futures staff. I feel I also had difficulty realising what I was seeing as my brother was also in a Muckamore ward at this time. I was very confused about what I was seeing. When I went to visit my brother P57 over the years at Muckamore with my family, we were never allowed on to the wards.

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At the end of my training in Muckamore, I understood we 15:03 would start to gradually transmission the parents over to a facility. I understand a decision was apparently taken that these men were not suitable for the gradual easing-in period. I'm not sure who made this decision. I recall an open day when some of the patients saw the 15:03 accommodation at the facility but there were no overnight stays. I remember two of the patients", who you name, "were brought down in a minibus and moved straight into the facility. I do not know how the other patients got there. I don't know how those 15:03 patients could have been prepared for the move to that facility given their vulnerability and understanding. I don't know how they would have had capacity to understand supporting living. Muckamore staff worked in the facility for about a week or two. As far I was 15:03 concerned, the Muckamore staff made it clear that they did not really want to be there.

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I did not experience any on-shift training at Positive

1 Futures from any Muckamore staff. I would say that any 2 knowledge I gained during this time was through learned 3 experi ence. 4 5 I understand that the patients would have care plans, 6 life stories and medication records prepared for their 7 transition into the community. I was not trained 8 adequately on care records and challenging behaviour, 9 which is what was needed for some of the patients being 10 placed from Muckamore. We were taught to deescalate. 11 12 Safety and security were also an issue. The residents 13 were unable to get out at night as there was an 14 electric gate that required a fob to open it. 15 the day, the residents could not have gone out for an 16 unaccompanied walk. We could not stop them wandering 17 off, but we had to try and encourage them back as soon 18 Outings had to be properly planned. as possible. 19 Despite that, residents did sometimes escape. 20 21 We were told specifically not to lock the residents in 22 their bedrooms, whatever the circumstances. 23 routinely lock the kitchen doors and the dining rooms. 24 Sometimes this was done to try and separate the 25 residents, some of whom had not got on with each other 26 in Muckamore and that continued in the facility where

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there would be physical fights.

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unprepared to have residents who seriously disliked

each other to the point where they would engage in

We were also

physical violence. I subsequently learned that patients who had been living together were very often resettled together on the mistaken assumption that this was appropriate. I query the extent to which any thought was given to the impact of resident mix and their happiness, wellbeing and the success of a placement.

When deescalation and distraction did not work and was there no opportunity to give PRN, then leaving the house, locking the door and staying outside was a last resort. That was never in the training but it did become part of the care plan, which I believe must have been known to SEHSCT, otherwise Positive Futures would never have been included in a care plan. I was unhappy 15:06 about essentially locking a resident who was having an outburst in the house. I had been hurt in such episodes.

Positive Futures staff were authorised to help the residents with their medication and ensure that it was properly taken. Sometimes we had to put the medication into their food. There was nothing in place in terms of a system or stages to try first before administering PRN. This was left to the staff discretion. Whilst we properly taken. The stages to try first before administering properties and the staff discretion. Whilst we properties a properties of the staff discretion. Whilst we properties a properties are sident was being the overmedicated. I tried not to use properties are sident was being the properties are sident was being the properties of the properties and the properties are sident was being the properties are sident was a sident was being the properties are sident was also sident was being the properties are sident was being the pr

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patients were routinely being given Diazepam as PRN. am not aware that anyone was monitoring trends. recall PRN being used as a first and very quick remedy to a patient displaying challenging behaviour after only a few minutes.

15:07

There were three patients from Muckamore in the facility where I worked for about two years. I found this period extremely challenging. In my experience, the patients from Muckamore were not ready for 15:07 supported independent living. I doubted that some of them would ever be capable of it. I recall three patients in particular", and you name them. "I recall one of those patients being initially transported to the facility and he had to be carried off the minibus 15:08 when he arrived from Muckamore. I wondered whether he had been sedated to help with the move. I recall another patient lay on the sofa in the facility for about four days like a frightened cat, trembling. we got him into his room, it was bare, with nothing but 15:08 a mattress on the floor. I understood that that patient would throw out anything of his room and that the bare room was to replicate his Muckamore room. facility's room was like a prison. I recall trying to introduce items to the room in the facility or the 15:08 facility's room and he would throw them back out.

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I recall I brought one of those patients for a walk to Tesco in Lisburn. I thought this is what I was

supposed to do to assist in integrating him back into the community. He had never been to a shop before. I got into trouble with Positive Futures in relation to this trip, but this was due to me taking the patient to Tesco as opposed to the management of his behaviour.

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The patient's placement in the facility ultimately I recall one weekend when that patient's mental health was really bad. I was in the living room with that patient when he was banging his head off the 15:09 window, sofa and any surface he could get to. The patient was also trying to headbutt me. I do not know This was a long episode. what triggered it. I had not been trained on how to deal with such an episode in which I could not safely administer PRN. I had been 15:09 taught that in extreme situations to contact the on-call Positive Futures manager or a senior support worker, but I would have to manage the situation before anyone arrived.

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I do not recall the name, but a doctor arrived who decided to section the patient and I believe that he was readmitted to Muckamore. I have no idea why the decision was made for that patient to have been placed in the facility. It was obvious to me that this was not at all suitable. That patient needed his meals completely cooked for him as he was incapable of preparing a meal, he would not know a kettle from a pan. That patient needed to be told to cut up his food

and to slow down when eating. He needed help with every part of his personal care. He wore a pad, which required to be changed and he needed help with that. He needed help having showers and getting dressed.

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After about a year I moved to a different house in the The only resident was a young fella called", who you name, "who had also come from Muckamore. was not capable of independent living, he needed 24/7 care and everything done for him, i.e. his medication, 15:10 food and personal hygiene care. It became obvious from that patient's behaviour and response in certain situations that restraint and MAPA techniques had been used on him a lot in Muckamore. My unqualified opinion is that that patient's behaviour suggested that these 15:11 techniques had been used on him in Muckamore because he was constantly trying to use his head to hit out, even if his hands or feet were free. I remember being headbutted because of this.

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I recall lots of incidents with that patient and his aggressive behaviour with staff. I remember an incident with one female member of staff who was due to go on leave to get married. On this occasion, the patient pulled chunks of her hair out. I understood that patient's care plan was that he had to be locked in the house when displaying violent behaviour. I felt this was so cruel like at a zoo looking in at him from outside, I refused to do it. My refusal to engage in

this practice was detailed in dismissal proceedings against me.

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When I was in Muckamore I sat with a man" who you name
"as he watched the cowboy films. This patient was not in the house where I worked at the facility but because I felt I had made a connection with him in Muckamore, I would go and speak with him. This patient very quickly became ill following his move to the facility. He was taken from the facility to Lagan Valley Hospital, Issurn, and to the Royal Victoria Hospital, Belfast where he received blood transfusions for his illness.

I am unsure of the specific illness.

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I was asked to do shifts with that patient in hospital The nurses in hospital would not carry at this time. out any personal care for him as he was hitting out at them, and I recall being required to do that for him. The patient's health seriously deteriorated. I recall when he was being discharged back to the facility, I raised concerns about him to nurses in Lagan Valley Hospital as I was so concerned for his wellbeing. was told by the nurses in Lagan Valley Hospital that they couldn't get involved in that. When the patient was discharged, his room became incredibly hot due to the underfloor heating not working properly. As a result, the bedroom window had to be opened in It took Positive Futures weeks to resolve November. this.

It was very distressing to see this patient when he was unwell. I know other staff members also found this very hard. He would be lying on the bed with no clothes on. The patient died in the facility. I know it was very traumatic for the staff that discovered he had passed away. I had such a good relationship with that patient, and his family requested that Positive Futures staff attend the funeral in Derry and carry his coffin.

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The patient should never have been discharged from Muckamore. They were just shifting everyone from that ward to the community and I think it was unfortunate that patient just happened to be on that ward. If there was a threshold for neglect in adult safeguarding, I believe it was certainly met in this case. I am strongly of the view that this patient was not capable of independent living with only supported living staff to care for him. This patient was not suited to this, and I think he would have been better in a nursing home environment.

I cannot understand how patients were assessed as suitable for supported living and I made complaints about it. I felt that I was essentially a care assistant in a residential home. I felt that the effort to make everyone safe meant that I felt as if I was in a mini Muckamore, and that was not what I had

1	signed up for. I wanted to be a support worker helping	
2	to integrate long-stay patients from Muckamore and	
3	other facilities into the community.	
4		
5	The manager of Positive Futures", who you name "who	15:1
6	subsequently left Positive Futures, encouraged two	
7	residents to live together because the manager thought	
8	that they had had a sexual relationship in Muckamore.	
9	I had to intervene on several occasions to raise	
10	concerns about this proposal, which never materialised	15:1
11	in practice.	
12		
13	I have raised concerns with a number of bodies over the	
14	years such as RQIA, SEHSCT, NISCC, the Stormont Health	
15	Committee, the Northern Ireland Health Minister, and	15:1
16	the Northern Ireland Health and Safety Executive to	
17	raise concerns about the facility and the resettlement	
18	process from Muckamore and the implementation of	
19	Bamford Review and Equal Lives Report, of whose	
20	recommendations I was aware. I attach minutes of a	15:1
21	meeting I attended with the SEHSCT at Exhibit 2 wherein	
22	I raised concerns relating to a lack of staff training	
23	and patients not being suitable for resettlement to the	
24	facility from Muckamore. I felt let down by the system	
25	when I raised concerns about the abuse of patients who	15:1
26	lived at Muckamore.	
27		
28	I am not surprised at the abuse captured on CCTV in	
29	2017 in Muckamore. I recall being aware that in	

1	September 2014, RQIA was carrying out their yearly	
2	inspections at PICU/Cranfield. The RQIA inspection	
3	report for September 2014 details that there were 39	
4	allegations of abuse on the ward, of which 37 were	
5	substantiated. This was when the Belfast Trust started	15:1
6	talking about CCTV. Between November 2015 and February	
7	2016 discussions regarding the introduction,	
8	implementation and management of CCTV at MAH were held	
9	with a range of stakeholders.	
10		15:1
11	I am aware that between 2014 and 2016, RQIA held five	
12	meetings with BHSCT and Muckamore management in	

I am aware that between 2014 and 2016, RQIA held five meetings with BHSCT and Muckamore management in relation to serious concerns raised during their inspections, as is confirmed in a response dated 19th August 2020 from the RQIA to a freedom of information request on 17th July 2020, a copy of which I attach at Exhibit 3. I do not believe these appear in the minutes of the BHSCT Board meetings for Muckamore, as was confirmed by the Leadership and Governance Review Report 2020. I do wonder how that is possible. I believe the 2012 Ennis Ward Adult Safeguarding Report, RQIA September 2014 PICU Report, and the RQIA concerns meetings with the BHSCT should have all been red flags that something was not right at Muckamore.

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I attended the September 2019 BHSCT Board meeting to ask the BHSCT chief executive in person why he had not already resigned because of the failings at Muckamore. At this Board meeting, a non-executive director said

Т			that she had a daughter with a rearning disability, and	
2			she would have no hesitation in having her daughter	
3			cared for at Muckamore."	
4				
5			That's the conclusion of the body of your statement,	15:18
6			P57's brother.	
7				
8			I have a very small number of questions. Can you just	
9			confirm for us in terms of the on-the-job, as you	
10			describe it, training that you had in Muckamore, how	15:19
11			long that period was?	
12		Α.	If I could recall, it was approximately three to six	
13			months. Definitely no more than six months. It was	
14			about two or three shifts per week, some day shifts and	
15			a couple of night shifts, but it wasn't a very long	15:19
16			period at all.	
17	157	Q.	Your statement indicates that you didn't witness any	
18			abuse per se but you do describe well, what is the	
19			best word for what you described?	
20		Α.	In looking back now, what I witnessed was	15:19
21			institutionalised neglect. As I say in my statement, I	
22			never seen any rough handling or any assaults of	
23			patients, but I do factor in that my brother was in	
24			another ward, very, very close to the ward that I was	
25			working at. But, yeah, it was just a drabby ward where	15:20
26			patients' dignity was the last thought on anyone's	
27			mind.	
28	158	Q.	On a more personal note, did your brother's experience	
29			and the family's experience of having a son and a	

1			brother who had a learning disability impact upon your	
2			decision to work in that field?	
3		Α.	Yes. It was my parents'. I had been working in the	
4			British Civil Service at the time and my parents	
5			recommended that potentially I should apply for working	15:20
6			in the charity whose goal was the resettlement process	
7			of patients from Muckamore into the community. It was	
8			mooted at the time that my brother was potentially	
9			going to be one of the individuals to move to this	
10			supported living service in Lisburn. Thankfully my	15:20
11			parents didn't allow him to go there. But that was the	
12			reason my parents had suggested it to me.	
13	159	Q.	In your statement on page 8 at the bottom of	
14			paragraph 33, there's an interesting question that you	
15			raise, which is that you query the extent to which any	15:21
16			thought was given to the impact of resident mix - this	
17			is in the facility that you describe - on their	
18			happiness, wellbeing and the success of the placement.	
19				
20			Based on your experience, and I suppose your view,	15:21
21			where should that thought process begin?	
22		Α.	Well, it should have began with the patients	
23			themselves, the patients' relatives, any advocacy	
24			groups that were available, and all of the	
25			professionals within Muckamore and other relevant	15:2
26			Health Trusts. It just appeared to me that just	
27			because some patients spent many years together on the	
28			same ward in a hospital in Antrim, that a decision was	

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taken to move them all as a group; just because they

1			were in the one ward to put them in a group of houses	
2			in another part of Northern Ireland. I could never	
3			understand how that made any sense, and it still	
4			doesn't.	
5	160	Q.	Following from what you say, was it your impression	15:22
6			that that was one of the very few criteria that were	
7			used?	
8		Α.	Yeah. Simply that they were on the same ward together;	
9			simply that I also factored in that there was a lot	
10			of pressure in 2007 and 2008 from the Stormont	15:22
11			Assembly, and I know that the BBC at the time were	
12			covering the resettlement process, and potentially 2007	
13			and 2008 there was a small period of time where there	
14			was a rush to try and get as many patients out of	
15			Muckamore as possible, and I did see it as a very quick	15:23
16			haphazard process where square pegs were trying to be	
17			put in round holes.	
18	161	Q.	Thinking back to your training process both in	
19			Muckamore and then at the facility, the Positive	
20			Futures facility, while it's accepted, I suppose, that	15:23
21			you were a trainee, if I could use that word,	
22			nevertheless were you aware of staff in Muckamore and	
23			within that facility liaising with their having input	
24			from advocacy services on behalf of those patients who	
25			were going to be resettled?	15:23
26		Α.	I only recall one patient having an advocate. I recall	
27			that this patient, who I've mentioned, he had an	
28			advocate who was based in Scotland, and I don't know	
29			how that came about. But there was certainly no	

- presence of Mencap or Bryson House, or anything other advocacy service that our Health Trust uses. On the other side of the resettlement process, we never seen any of those advocacy groups at all.
- 5 162 Q. Did you ask questions? It's clear from your evidence
  6 that you weren't afraid to at least think about issues
  7 and raise them, where necessary. Did you ask questions
  8 about that absence or apparent absence of advocacy
  9 input locally?

15:24

15:25

- 10 A. I didn't, actually. It wouldn't have been something
  11 that I was aware of in 2008 or 2009 that advocacy
  12 groups actually existed. As I say, I have never known
  13 anything about the Health Service prior to 2008, so
  14 that wouldn't have come into my mind at all. But it
  15 would have been extremely useful at the time.
- 16 163 I suppose, following from that, we're now in early Q. 2020s, and based on the experience that you have 17 18 described both as a family member and also as somebody 19 who has worked in the resettlement process, is there 20 any one or two or otherwise small number of changes you 15:25 21 think, simple changes that could be made to make things better in terms of the resettlement process? 22

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A. Well, the key thing, I believe, is relative family involvement, and as much discussion as possible about the person themselves, the patient themselves, where they're going, what their future may look like. At that time there wasn't, in my experience in working in the resettlement facility. And that's what I sort of call it, a resettle facility in Lisburn. I have been

Τ			listening to some of the other witness evidence about	
2			resettlement. And that appears to be the theme still,	
3			that there's not a lot of family involvement in it. In	
4			my view, it can't work without that family involvement.	
5				15:26
6			I know one witness said we're the experts, we're their	
7			parents, we're their brother or sister. But it will	
8			always be wrong, there'll always be problems if that	
9			family expert voice is excluded from the process.	
10			MR. McEVOY: P57's brother, those are my questions but	15:26
11			it may be that the Panel have some questions for you.	
12			CHAIRPERSON: Very. Dr. Maxwell.	
13				
14			P57'S BROTHER WAS QUESTIONED BY THE INQUIRY PANEL AS	
15			FOLLOWS:	15:26
16				
17	164	Q.	DR. MAXWELL: I have a number of questions that I would	
18			like to just ask you about the time you were doing your	
19			training placement in Muckamore. So, you said that you	
20			were shadowing staff; what sort of grade of staff were	15:26
21			you shadowing?	
22		Α.	There would have been healthcare assistants present and	
23			nursing staff. That was it.	
24	165	Q.	Were you assigned one particular person to shadow?	
25		Α.	No. If you've been in the wards in Muckamore, they are	15:27
26			open plan and there's two or three big sofas. You sort	
27			of sat where there was a space on the sofa and you	
28			tried to engage in a conversation with some of the	
29			staff. But you weren't introduced to who they were,	

1			what their role was, what their experience was, what	
2			they could possibly tell you that would be beneficial	
3			to you. So, staff member A, staff member B, staff	
4			member C, I potentially could have guessed by the	
5			uniform they were wearing, but it was never as	15:27
6			organised as that.	
7	166	Q.	It was never clear to you what the role and grade of	
8			each of the members of staff was?	
9		Α.	No. As I say, any of the care planning or	
10			interventions that took place in Muckamore must have	15:27
11			took place in the manager's office because none of it	
12			ever took place out in the ward where we were	
13			essentially sitting.	
14	167	Q.	Did you ever see the care plans?	
15		Α.	No.	15:28
16	168	Q.	They weren't live documents that were being used during	
17			the day to look at patient care?	
18		Α.	The only time I was in the office where there was	
19			potentially paperwork where Muckamore care plans would	
20			existed was to go and get cigarettes for the patients	15:28
21			because the cigarettes were kept in the manager's	
22			office. That is the only time I was ever in the office	
23			where all of the care plans appeared to have been.	
24	169	Q.	The care plans were in the manager's office?	
25		Α.	Yes.	15:28
26	170	Q.	To what extent were the registered nurses actually out	
27			on the ward watching what was happening, or were they	
28			in the office doing the care plans?	
29		Α.	A bit of both. But when there was staff in the	

			communat area of the ward area, it was just stitling	
2			about. 'Patient A needs to go to the toilet, do you	
3			want to come and watch Patient A to go to the toilet.'	
4			'I'm about to make Patient B's bed, do you want to come	
5			with me.' I remember one nurse being surprised that I	15:29
6			didn't know how to make a bed, because she had asked me	
7			to help. That's really what it was.	
8	171	Q.	You say in paragraph 17 that the first couple of days	
9			were at times terrifying?	
10		Α.	Mmm.	15:29
11	172	Q.	What was it that was terrifying?	
12		Α.	It was that standoffish atmosphere that you immediately	
13			sensed. But also for me, of course, going up to visit	
14			my brother, we were only allowed to be outside in the	
15			reception area potentially, or out at the front door	15:29
16			and my brother would have been brought to the door and	
17			off we went. It was actually potentially that's what	
18			made it terrifying for me, knowing that my brother had	
19			spent quite a lot of time in this type of environment.	
20				15:29
21			Also knowing that I would have to my job would be	
22			trying to work with very vulnerable patients and	
23			resettling them into the community. Within a couple of	
24			hours or couple of days, it was automatically knowing	
25			that I potentially wouldn't be capable of it, and	15:30
26			nobody else that I had been working in the last three	
27			or six months with the bit of training would have been	
28			either.	
29	173	Q.	Why was it that you wouldn't be capable of it?	

- 1 well, it was very quickly apparent that some of the Α. 2 patients on the ward, if not all of them, wouldn't have been capable of what we were being told about supported 3 living, that we essentially stand back, sit on the 4 5 sofa, assist the vulnerable adult or service user when 15:30 It very quickly became clear that it 6 they need us. 7 would be a very hands-on residential care-type 8 environment. Very quickly that became apparent.
- 9 174 Q. So, presumably the MAH staff were doing that personal care for them?

15:31

- 11 A. Yeah.
- 12 175 Q. Did you see the MAH staff doing any other sort of therapeutic interventions?
- 14 Α. Every day was hard to get in, every shift was hard I think some -- two patients in particular 15 to get in. 15:31 16 were lucky enough to go down to, excuse me, to go down to another part of the hospital for day care. That was 17 18 about it. There was nothing. I did essentially feel 19 that, and I think it must have been a resettlement ward 20 that I was on. But it did feel like that, that it was 15:31 like a waiting area in an airport. You're waiting and 21 22 it was just nothing was happening.
- 23 176 Q. Okay. You then go on to talk in paragraph 22 about the
  24 toileting, that they would take groups of patients
  25 there and you said there would be seven or eight
  26 patients all at the same time with three or four MAH
  27 staff, and then you talk about it being a very
  28 undignified process?
- 29 A. Yes.

- Is that because there weren't enough staff to do it 1 177 Q. 2 with dignity and care?
- No, that's not the reason why I've described it as 3 Α. It was that all the patients were in the 4 5 bathroom at the same time.
- 6 178 So, you feel there would have been enough staff Q. to take them individually? 7

15:33

- 8 I'm not going to say there should have been. Α. 9 would have been if they'd staggered it a wee bit, of But it was like a conveyor belt from one part 10 15:32 11 of the bathroom to the next.
- 12 That was just the way they did it rather than shortage 179 Q. 13 of staff?
- 14 Α. Yeah, and that was almost terrifying because you didn't know where to stand, you didn't know what to do. 15 15:32 16 felt a bit like at a loose end, almost.
- 17 You talked about taking a sleeping bag to sleep on 180 Q. 18 nightshifts, and MAH staff?
- 19 Yes. Α.

25

- Do you know if the hospital had a policy on whether 20 181 Q. 15:32 staff could or could not sleep on duty at night? 21
- 22 We never seen any policy or procedures in Α. 23 Muckamore. We never seen -- I never seen one bit of 24 paperwork, but all the staff did disappear at night.
- And the person from the company that I worked for, we just stayed on the sofas, and you were thrown either a 26 27 blanket or a sleeping bag and a pillow. I only did two or three nightshifts but that was always the same. 28
- 29 I'm sorry to keep labouring but these are really 182 Q.

1 interesting points and to hear from somebody who, as a 2 member of staff, has seen it is really helpful for me. 3 In the next paragraph, 26, you talk about the violence 4 5 between patients, and you talk, rather concerningly, 15:33 6 about another patient being asked to intervene. 7 would staff do if patients were violent with each 8 other? 9 I never seen -- that paragraph, paragraph 26 talks Α. about -- that was comments from some of the staff, that 15:33 10 11 when this patient was much younger that that's what 12 they would have used him for, to break up a couple of 13 scraps. 14 183 Q. So, you didn't see any patients being violent to each 15 other whilst you were on placement? 15:34 16 Not to each other, no. Α. 17 184 Okay. Then just a point that you've already been asked Q. 18 about resettlement plans and the issue about people 19 being put in the same location because they'd been on 20 the ward together. Both from your family experience 15:34 for your brother but also as a support worker, to what 21 22 extent were family involved in writing the care plan, 23 both before they went to a resettlement facility, and 24 then in the resettlement facility when you were looking 25 after them after they had been moved to that place? 15:34 26 That's very easy to answer; none at all. Α. 27 185 Q. None at all? 28 Α. Never.

29

186

Q.

Even after they had left Muckamore and were living in

1			supported living, the family weren't involved in	
2			planning the care?	
3		Α.	Well, I would say never involved it never happened.	
4			If it did happen, it must have happened in a	
5			Southeastern Trust building somewhere outside of the	15:35
6			resettlement facility, like a care review meeting	
7			potentially. It was us in the supporting living scheme	
8			who were following the care plans. They were in an	
9			office in the supported living scheme. If they ever	
10			changed, they were only changed by the members of staff	15:35
11			or the managers within the supporting living scheme.	
12			Never, ever, ever seen any evidence of any family	
13			members being involved in the care management process	
14			for supported living. Never.	
15	187	Q.	Was there a review meeting where you, as a support	15:35
16			worker, were asked to contribute to evaluating that	
17			care plan?	
18		Α.	I don't think I went to any care plan meetings with	
19			relatives. If they took place annually with the Trust,	
20			the Health Trust, it may have been a manager that went	15:35
21			to those.	
22	188	Q.	And you weren't asked to provide information for the	
23			manager to take to any review?	
24		Α.	No. Not at all.	
25			DR. MAXWELL: Okay. Thank you very much.	15:36
26				
27			CHAIRPERSON: Professor Murphy?	
28	189	Q.	PROF. MURPHY: I've got a couple of questions for you,	
29			please.	

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You described three patients who didn't do at all well
in the facility you were working in. I think it was a
facility for ten people. Did the other people do well;
did they manage to stay in the facility?

A. They maybe coped a little bit better than - or adapted

15:36

15:36

is probably the right way to describe it - adapted a bit better than those three that I described. Two or

9 the patients were capable of independent supported

10 living with an intense staffing group always the same,

and a good leadership from management. So, I would

probably describe it as three groups.

13 190 Q. Okay. Clearly you were very at sea when you were
14 there. Was there a house manager who gave you guidance
15 about what you should be doing, and whether it was okay 15:37
16 to take a patient to Tesco or not, and all that kind of
17 stuff?

A. Yeah, there would have been a senior support worker for each house. For the first two or three years, it was really getting through every day, getting through every 15:37 shift. There never seemed to be any plans about community integration, doing things what we all do in the community. The first two or three years when I was there was dealing with incidents of challenging behaviour, dealing with medication errors, dealing with 15:37 incidents on nightshift. On some occasions when you did try to take some risks or involvement in the community - I described that one about walking the resident to Tesco, that he had never been in a shop

- before it was no, you shouldn't do that, this isn't
  that type of supported living environment for that. I
  thought...
- 4 191 Q. With more basic tasks like the showering of
  individuals, for example, did they not give you any
  quidance on that either, the senior support workers?
- 7 In hindsight, I don't know what -- how that would Α. 8 I've never worked in a care home or anything like be. 9 For supported living, I'm not sure how that would looked like. The first experience of having to 10 15:38 11 do that, personal care, toilet or shower, was when the 12 resident was actually there. You may have had a 13 manager for one or two days, you may have had a couple 14 of Muckamore staff members who were there, but they weren't really interested in being there but they had a 15:38 15 16 bit of a presence in the houses. It was adapt as you It was do your best as you could. 17
- 18 192 Q. From what you said to Dr. Maxwell, you didn't see their 19 care plans when they were in MAH. Did you at least see 20 them once you were in the community setting?

- 21 A. Yes. Yes.
- 22 193 Q. They presumably had been written by staff in MAH, had they?
- A. Yeah. Well, I would have expected, although I didn't
  see it, the primary care plan would have travelled from 15:39
  the Belfast Trust into the supported living service,
  and we based the supported living care plans on those
  and then adapted them over time. In fairness, there
  was a fair attempt to keep those care plans under

1	review and working care plans as much as possible. I
2	couldn't sit here and say that there was no adherence
3	to any care plans in supported living; that wasn't the
4	case.

- 5 194 Okay. My last question is clearly resettlement, as you 15:40 Q. 6 say, at the time was being very rushed, and maybe that 7 explains some of the difficulties. Do you think it's different now? 8
- 9 I'm not sure about that facility. I would -- I know Α. there was a few rocky periods with RQIA inspections 10 15 · 40 11 with the facility for the first three or four years, potentially some of the -- in my statement I talk about 12 13 one patient having to be readmitted to Muckamore and 14 another patient sadly passing away. Hopefully two of the patients who I thought could have coped very well 15 15:40 16 with supported living, that they flourished. the other residents who were in that category of 17 18 potentially over time, maybe they became used to 19 supported living and that was that.

21 In my view, supported living is a fantastic idea. It's 22 a great way to go for people who are appropriate. Ι 23 don't agree with three or four people living together 24 in the same house simply because they had the 25 unfortunate experience of our government allowing them 15 · 41 to spend years and years and years in the same ward 26 27 together. But supported living, when it's done right, is an appropriate good thing.

15:41

29 Absolutely. You tried to give feedback to various 195 Q.

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1			different bodies about what you thought could be done	
2			better?	
3		Α.	Mm-hmm.	
4	196	Q.	Did they take any notice of what you said? Did they	
5			change the way	15:41
6		Α.	Yeah, they certainly took notice. They were there	
7			physically present in the meetings with me. They	
8			listened, they took notes. I didn't know much about	
9			the Health Service, I didn't know what it was like to	
10			be a whistleblower, I didn't know what it was like to	15:42
11			raise concerns. I now know what of all that brings.	
12				
13			I didn't know the close relationship with the Trust as	
14			being the commissioning Trust, and the organisation I	
15			was working for essentially being a private contractor	15:42
16			of those services. I didn't know about that	
17			relationship. But, yeah.	
18	197	Q.	So you felt they were listening?	
19		Α.	Well, they were there present in the room, they were in	
20			front of me and they took notes.	15:42
21	198	Q.	But presumably, because you left, you had no way of	
22			knowing whether they implemented any of the things that	
23			you were suggesting to them, did you?	
24		Α.	Yeah. Well, I know they didn't implement them. But	
25			the people in the Trust that I was raising concerns to,	15:42
26			they were the people who it was their job, it was their	
27			role, to the start of the resettlement process. So I	
28			didn't know it at the time but I was essentially	
29			raising concerns to the people whose job it was for	

			ciris not to nappen.	
2				
3			But I tried with the RQIA, I tried with the Northern	
4			Ireland Social Care Council; we had some productive	
5			meetings there but nothing seemed to change there. I	15:43
6			didn't know anything about RQIA, that they weren't	
7			that they are a regulator within our Health Service. I	
8			didn't know anything about that.	
9				
10			When you raise concerns in the Health Service, people	15:43
11			do listen to you. Whether they take action and get	
12			back to you and tell you that you're right or tell you	
13			that you're wrong, that's a different matter. I	
14			wouldn't have minded if someone told me, no, you're	
15			wrong, what you're saying is not right. I wouldn't	15:43
16			have minded that at all because I wasn't experienced or	
17			trained in any of this work. But certainly go to	
18			meetings and people listen to you, and that's about the	
19			height of it.	
20			PROF. MURPHY: Okay, thank you.	15:43
21	199	Q.	CHAIRPERSON: I just want to begin by getting some idea	
22			of timing. Did you start your training in 2008?	
23		Α.	Yes.	
24	200	Q.	Did you complete sort of three months and then you went	
25			off to Muckamore, or	15:44
26		Α.	Roughly about that, yeah. The supported living	
27			service, it was always delayed, the opening of it was	
28			delayed. A bit like the discharge; the discharge was	
29			delayed obviously. The opening of the supported living	

service was delayed, so the organisation I worked for, 1 2 Positive Futures, they were always trying to come up with ideas what to do with us for a long period of 3 I don't know whether the visits and the 4 5 observations on the wards of Muckamore was always going 15:44 6 to be that that's the idea that they had, because we 7 did also spend time in a day care centre as well for a 8 couple of months. So the training that you had, was it general training? 9 201 Q. 10 Α. Yes. 15 · 44 11 202 was any of it learning disability-specific? Q. 12 It was all learning disabilities. Α. 13 It was all learning --203 Q. 14 Α. Yeah. 15 204 Okay. But in that three months, you say you were never 15:45 Q. 16 taught restraint techniques. You were taught about 17 deescalation? 18 In the supported living environment, yes. Α. 19 205 Yeah. Q. 20 I never seen any restraint taking place in Muckamore. Α. 15:45 21 206 Q. No. 22 But I knew, obviously, that it did happen. Α. 23 Then you went off to Muckamore. I think you mentioned 207 Q. 24 that you saw the seclusion room; is that right?

what did it look like when you saw it?

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Α.

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Α.

Yes.

I can't recall.

other witnesses, and it's been talked about in the

media, that it was a dark dungeon, I can't recall.

I've thought about because I know

15 · 45

			because I knew my brother had spent a significant	
2			period of time in Muckamore in seclusion, and he still	
3			talks about it. That word, maybe I blanked it out and	
4			I didn't want to see it, I'm not sure. I can't recall.	
5	209	Q.	Okay. There doesn't appear to have been any real	15:46
6			relationship with the staff, and you weren't really	
7			it doesn't sound as if you were getting much guidance	
8			from the staff?	
9		Α.	No, we weren't. I didn't hear this from any of the	
10			staff but there was rumours around our team, our group	15:46
11			of workers, the staff in Muckamore were worried about	
12			losing their jobs, patients being resettled, and you	
13			could sense that.	
14	210	Q.	And that, obviously, was in 2008 when you went there?	
15		Α.	Yeah. Yeah.	15:46
16	211	Q.	You did speak about comments from some members of staff	
17			about putting a particular patient in between other	
18			patients, or to stop fighting?	
19		Α.	Yes.	
20	212	Q.	Can you remember the circumstances in which you	15:46
21			overheard that conversation?	
22		Α.	They were just casual conversations on the sofa, trying	
23			to fill time, and potentially staff coming off with	
24			phrases or stories in the past. They weren't bravado	
25			phrases or anything like that ,but that's one statement	15:47
26			that stood out for me, that patient in particular was	
27			bit of a scrapper 'and we used to put him in amongst	
28			patients.'	
29	213	Ο	Everyhody knew that you were not a member of the MAH	

Τ			team, as it were, so they knew that you were a visitor?	
2		Α.	Yes.	
3	214	Q.	But they seemed comfortable enough to talk about it in	
4			your presence?	
5		Α.	Yeah, and that surprised me at the time. It doesn't	15:47
6			surprise me now, given why we're all here, or if you	
7			look at the Ennis Report because it was the same sort	
8			of circumstances. They're an outside organisation. It	
9			surprised me at the time but not now.	
10	215	Q.	PROF. MURPHY: Do you think it was bravado? Because	15:47
11			you do see bravado sometimes amongst staff in those	
12			settings?	
13		Α.	I don't think it was bravado because it was that	
14			standoffish atmosphere that existed. We were the last	
15			people, group of workers, that they would have been	15:48
16			trying to impress. I got the impression that they sort	
17			of thought, well, you don't know what you're in for.	
18			So, I didn't think those comments were bravado by any	
19			means. I think they were just off-the-cuff, reckless	
20			comments.	15:48
21	216	Q.	CHAIRPERSON: And you've used the phrase	
22			"whistleblower"?	
23		Α.	Mmm.	
24	217	Q.	So you obviously don't mind talking about it.	
25			Obviously, your name's been restricted. But you say in	15:48
26			your paragraph 49 that you raised concerns with a	
27			number of bodies over the years. How long did you work	

we're calling "the facility"?

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for Positive Futures and how long were you at the place

- 1 A. Approximately three years, three and a half years.
- Three/three and a half years.
- 3 218 Q. Right. When you left the facility, did that end your
- 4 time with Positive Futures?
- 5 A. Yes.

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15:50

- 6 219 Q. Right. When you raised concerns with a number of
- 7 bodies, as you said the RQIA and others, was that as a
- 8 whistleblower?
- 9 A. Yes, and I told them so and I followed the company's
- 10 whistleblowing policy. Yeah, I was... Yeah. There was 15:49
- 11 quite a lot of buzz at that time about whistleblowing.
- 12 It was the time of the Baby P case and whistleblowing
- and patients first, and all of that type.
- 14 220 Q. Do you remember when this was?
- A. 2009/2010/2011. My whistleblowing started very, very
- 16 quick from working there.
- 17 221 Q. So, you were taken seriously in the sense that you got
- 18 access to all of these --
- 19 A. Yes.
- 20 222 Q. -- people, including the Health Minister and the Health 15:50
- 21 Secretary and all that sort of thing?
- 22 A. Yes.
- 23 223 Q. What they did with that information was not fed back to
- 24 you?
- 25 A. No. Well, when I contacted the RQIA, I did ask for
- 26 meetings with them but those never materialised. I did
- 27 have a meeting with the Northern Ireland Social Care
- 28 Council about the concerns about the resettlement
- 29 process, but very little came out of those meetings.

- 1 224 Q. DR. MAXWELL: You did say earlier in answer that you
- followed the company's whistleblowing policy?
- A. Yes.
- 4 225 Q. DR. MAXWELL: Is that Positive Futures's whistleblowing
- 5 policy?
- 6 A. Yes.
- 7 226 Q. DR. MAXWELL: Was it because you wasn't satisfied with
- 8 that response that you then went to other bodies?
- 9 A. Yes.
- 10 227 Q. CHAIRPERSON: And you then made a so-called protected

15:51

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- 11 disclosure? That's what you did?
- 12 A. It wasn't protected. It didn't end up being protected,
- 13 no.
- 14 228 Q. DR. MAXWELL: But when you contacted your own employer,
- 15 Positive Futures, you said 'I'm doing this under our
- 16 whistleblowing policy'?
- 17 A. Yes.
- 18 229 Q. So they knew you were just offering a very vague
- comment, they knew you were doing it under that policy?
- 20 A. Yes. Yeah.
- 21 230 Q. And when you went to the RQIA and Social Care Council,
- 22 did you tell them that it was whistleblowing?
- A. Yes. The meeting with the RQIA and the Northern
- 24 Ireland Social Care Council just wasn't me. The
- 25 meeting with the Northern Ireland Social Care Council.
- there was four members of staff there.
- 27 231 Q. But you were clear it was whistleblowing; it wasn't
- 28 we'd just like to have a chat?
- 29 A. No. We were raising serious concerns about neglectful

Т			practices, mismanagement, the resettrement process not	
2			working, and clearly we were all care assistants in a	
3			residential home rather than a supported living	
4			service. But, as I've said, they listened but it was	
5			almost like this has to work, these supported living	15:52
6			services have to work; we can't just reverse it and	
7			send them on back to Muckamore.	
8	232	Q.	Did you get a written response from any of them,	
9			Positive Futures, RQIA, Social Care?	
10		Α.	Well, the response from Positive Futures, my employer,	15:52
11			was the disciplinary process. Some emails from the	
12			RQIA sporadically; and the minutes of the meetings with	
13			the South Eastern Trust that I attended.	
14			CHAIRPERSON: All right. Is there something else?	
15			MR. McEVOY: One or two matters arising from that, if	15:52
16			you don't mind, Chair.	
17			CHAIRPERSON: Sure.	
18				
19			P57'S BROTHER WAS FURTHER EXAMINED BY MR. MCEVOY:	
20				15:53
21	233	Q.	MR. McEVOY: You were asked about the staff talking	
22			about incidents, in particular where a patient was set	
23			among other patients who were fighting. Were those	
24			staff aware that you had a brother who was elsewhere in	
25			the hospital?	15:53
26		Α.	A very good question. I remember asking myself that in	
27			the last couple of weeks. I'm not certain. I don't	
28			want to give an answer that I'm not certain. The	
29			day centre that I went to, because it was in Lisburn,	

1 they certainly knew. I do remember a few times talking 2 about that I was, in my break, going to nip over and But I can't be confident that they all 3 see mv brother. knew or even the majority of them knew. 4 5 234 Okay. Just in relation to, I suppose, the chronology Q. 15:53 6 of your whistleblowing towards the end of your answers to the Panel members. Just to be specific, when did 7 8 vou leave Positive Futures? 9 I think late 2011. Α. Okay. When did you first have contact then with an 10 235 Q. 15:54 11 outside body? Let's start with the RQIA. 12 Early 2010, mid 2010. Α. And the Health and Social Care Council? 13 236 Q. 14 Α. Yeah, all the same. Then for maybe two or three years 15 after as well, after 2011. 15:54 16 So we are clear then, you would have begun that process 237 Q. 17 while still an employee of Positive Futures? 18 Yes, absolutely. Α. 19 MR. McEVOY: Thank you, that's helpful. Thank you. 20 CHAIRPERSON: Can I thank you very much for coming 15:54 forward to assist the Panel. I think you were one of 21 22 the earlier people who came forward to the Inquiry when we started being advertised, and I'm sorry it's taken 23 24 such a long time to get to you but for good reasons, as 25 you will understand. Can I thank you very much for 15:54 26 coming to assist the Inquiry today, and that completes your evidence. 27 THE WITNESS: Thanks. 28 29 CHAI RPERSON: Okay. We are not sitting tomorrow,

1	obviously. I think on Monday we've got the morning	
2	free?	
3	MR. McEVOY: The note I have is that we're not sitting	
4	in the morning and we are sitting at two o'clock.	
5	Ms. Briggs will be dealing with the evidence of P128's	15:55
6	father and also then reading in a statement from P123's	
7	sister.	
8	CHAIRPERSON: Okay. Thank you very much. I wish	
9	everybody a good weekend and we'll see you all on	
10	Monday at two o'clock. Thank you.	15:55
11		
12	THE INQUIRY WAS THEN ADJOURNED UNTIL MONDAY, 25TH	
13	<u>SEPTEMBER 2022 AT 2: 00 P. M.</u>	
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