



# TILII Muckamore News

October 2008

Volume 1, Issue 1

## **Why we did this newsletter:**

TILII has been going since January 2008 in Muckamore Hospital.

When we met with other patients they asked us to do a newsletter.

The newsletter will keep everyone posted on what we are doing.

We hope you like it.

If you have any problems reading this -

Ask a staff member or a TILII Trainer to help you!

## **What is TILII Muckamore?**

### **TILII Stands for Telling It Like It Is!**

We are men and women who live in Muckamore Abbey Hospital. In December 2007 we heard from a TILII Group in Bangor who are speaking out for people's rights. We wanted to do the same thing in Muckamore.

In January 2008 we met with Siobhan Bogues from ARC. She said she would support us to set up our own TILII Group in the hospital.

Some patients cannot communicate, so we are also informing them and representing them.

What do we want to see happening?

# RO2

We want to be successful in getting homes of our own in the community.

The system needs to change so there is money and services to get people out when their treatment is over.

People need to know how we feel.

People have been waiting a long time to get out.

There are many people here who need to get out of Muckamore.

This newsletter will tell you what we have done so far and what our plans are for the future.

**TILII Muckamore Group**



## Going to the Top Telling it like it is at Stormont!

**RO2** and **RO2** represented TILII Muckamore at Stormont on 30<sup>th</sup> September. They met with MLA's from the Assembly Health Committee.

They told the MLA's that they want to see things change. They said they believe that people who are not sick should not be living in hospital against their will.

After the meeting **RO2** said,

"they seemed to take on board what we were saying. They seemed surprised that there were people in Muckamore who didn't want to be there. We hope we got our points across."

The week before this meeting **RO2** also met the full Assembly Health Committee when they held their meeting in Muckamore.

We hope that the whole group will get the chance later in the year to do a presentation to a bigger group of MLA's in Stormont

...watch this space!!!

# RO2

**RO2** and **RO2** on the steps of Stormont

# Meeting The Mayor

In June we were pleased to do a presentation about TILII Muckamore for the Mayor, Oran Keenan and councillors from Antrim Council.

They listened very carefully to what we had to say.

They promised to do what they could to help get our message out.

We were very happy when Mayor Keenan and Alderman Ritchie then invited us to visit the council.

We went for the visit on Wednesday 29<sup>th</sup> October.

They told us all about how the Council works. We had lunch and a look around the lovely new Council building.



Meeting the Mayor and Councillors at Muckamore



## Welcome To Our Group

We would like to welcome 2 new members to the TILII Muckamore Group.

**RO2** and **RO2** joined the group in October.

We will show you the ropes and how it's all done. We hope you enjoy yourselves.

**RO2**



### All About Us

Time to find out about two members of TILII Muckamore

#### RO2's Story

I like to garden and keep my environment clean and tidy. This would be an area that I would enjoy in the community.

Presently in the hospital I enjoy swimming, playing pool, football, golf, television and playing with my Playstation.

I enjoy going home to my brother's at the weekend and also get visits on a regular basis – family contact is very important to me.

I support Tyrone Football Club.

**RO2**

**RO2**

#### RO2's Story

Since the TILII Group began there have been lots of big changes in my life.

A home in the community has been made available for me.

I am busy arranging visits to my future home in Oriel Lodge.

Currently I am involved with Antrim Adult Centre identifying my future day care placement.

I hope this all works out for me.

**RO2**

**RO2**

Art Work  
by **RO2**  
**RO2**



**Care in the Abbey -  
Our Happy Stories**

Staff have been very good to me and kind and friendly. You can turn to staff when you need things or in difficult times

**RO2**

Staff are nice and polite to patients. The nurses and doctors and day-care staff and social workers are good to us.

**RO2**

The treatment is of a very high quality.

**RO2**

Staff sort out problems when you have a problem. If you are having a difficult time you can talk to your named nurse or staff you can trust.

**RO2**

I think staff are very, very good to us.

**RO2**

Some of the patients had a holiday in Lough Melvin this year, We went canoeing and surfing. It was a good week and atmosphere.

**RO2**

Staff try their best to take us out to places and to arrange holidays.

**RO2**

## Congratulations from the Trust Bosses

*Ready For Action –  
just before our speech!*



In July we had a great day at the Dunadry Inn.

The Trust Chief Executive, Mr William McKee came to congratulate us on the great work we have done.

We all did a speech to the audience.

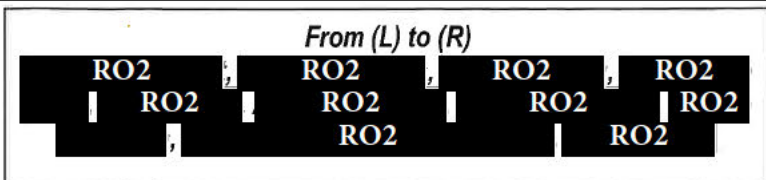
**RO2** and **RO2** from Belfast Trust also said a few words.

To top it all off, Paul Clarke from UTV gave us certificates.

Our families were invited and we were all very proud.



**RO2** talks to the guests



# Patients' Representative

We were pleased in September when the management team in Muckamore suggested that one of the TILII Group should join the hospital's resettlement team as a patients' rep.

This has never happened before and it is good news.

We voted **RO2** onto the group.

Good luck **RO2**.



## What TILII Means to Me


In the 7 months since it started, the TILII Group has had a number of meetings and presented our story to hospital staff, patients, health managers, community staff and politicians.

In the beginning it was difficult for us to stand and speak out, but as time has moved on our confidence has grown.

Now all we need to do is get our message across and represent the patients of our hospital.

**RO2**





To find out more  
about the TILII  
Muckamore Group  
contact:

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Email:

**RO2**

## ***What will TILII Muckamore do next?***

We have big plans between now and Christmas to keep speaking out for patients in Muckamore.

### ***New members training***

We will be training our new members, Clifford and Trevor, so they learn to be TILII Trainers

### ***New staff training***

We will be putting together a presentation for new staff to train them in what is important from our point of view.

### ***Presentation to patients***

We will share the staff course with other patients before doing it for real to make sure we are getting the right messages across.

### ***Resettlement Talks***

We are also hoping to do more talks about resettlement to

- Community staff in Everton Day Centre
- MLA's in Stormont
- The Belfast Trust Board
- The Regional Resettlement team. (This is the group who decides about who will get homes in the community and when they will get them).

### ***Going to meetings***

We will keep going to meetings outside the hospital where we get a chance to speak up for patients.